



# Office of Children and Family Services

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## Status Report

# January 2021

## Community-Based Prevention Programs

Release Date: March 15, 2021

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### Healthy Families NY

<https://www.healthyfamiliesnewyork.org/>

#### Programs On Operating During a Pandemic:

"We're seeing more family enrollment; families are saying, 'we're in a pandemic, I need more support.'"

"Being able to come through for them is helping them to build the initial trust, and us having the connections in the community to resources is a way we are building trust."

### Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to **expectant and new parents**, beginning weekly and decreasing over time, until the child starts school or Head Start. **HFNY** is open to first-time parents, as well as **parents with multiple children**, who are pregnant and/or have **at least one child less than 3 months old**.

HFNY is **relationship-based, trauma-informed, culturally humble, family centered, and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

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### Children & Family Trust Fund Programs

"I like that I can have somebody I trust to confide in whenever I need to and I love how I feel cared about."

--Parent who received services

### Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

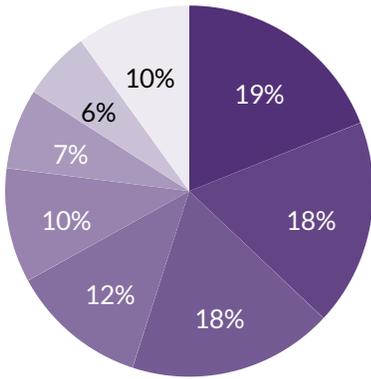
They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

# January

Data from January 2021

## Healthy Families NY

Service Referrals



- Counseling / Support Services (19%)
- Health Care (18%)
- Concrete Services (18%)
- Nutrition (12%)
- Family/Social Support Services (10%)
- DSS / HRA (7%)
- Employment, Training and Education (6%)
- Other Services (10%)

- By the end of January, home visitors completed 212 Parent Surveys, with 62%, or 132 new families enrolled in services.
- Home visitors completed over 5,850 home visits during this time.
- 65% of visits lasted more than 45 minutes.
- 35% of visits lasted 30-44 minutes.
- The 323 home visitors received over 1,740 hours of supervision, with an average of over 5 hours per worker for the month of January.
- By mid-March, 55% of the referrals made in January resulted in families receiving services or had services pending.
- Counseling/ Support Services overtook Concrete Services referrals to make up the largest portion of total referrals in January.

## Children & Family Trust Fund Programs

Services Provided



- In the month of January, these 27 community-based programs served 574 people.
- Over 4,100 services were provided to participants.
- Two out of three (66%) of families received information/referrals, while 42% of families received Family Support and Coaching in January.
- Many families continued to receive Formal Parent Education and Family Social/ Recreation Programs as well as help with basic needs.