1 PARENTS’ CHILDHOOD EXPERIENCES
- Relationship with Paternal & Maternal grandparents
- *Recall happy/fun experiences;* any sad/disturbing experiences
- Reason for multiple living arrangements – 2 families/relatives, foster care
- Exposure to poor coping behaviors (drugs, alcohol, DV) and MH concerns
- Experiences with sexual abuse, CPS/ACS, PINS, running away overnight
- Forms of discipline used – Self/Sibs – *Parent’s perception of method(s)*
- If physical discipline method(s) used…
  1. Number of occurrences
  2. Implements used
  3. Marks and bruises
  4. Perception of method(s) for PS#8

**YOU MUST ASK!**

2 LIFESTYLE BEHAVIORS AND MENTAL HEALTH
- Alcohol and/or Drug Use
- Prenatal Behaviors
- *Quantify!!! & Qualify!!!*
  - Perceived as a Problem?
  - Mental Health Concerns – Depression/PHQ-2
  - Legal Matters Detailed

3 PARENTING EXPERIENCE
- Caregiving experiences – their children, step-children, babysitting, Sibs
- Ever suspected of neglect, maltreatment or physical abuse?
- *Might ask: “Has anyone ever expressed or showed concern about how you’ve cared for a child?”*
- Exposing child to substances (drugs/alcohol)

**ID Strengths: “Can you pick one characteristic that you feel (or someone has told you) that you have, that will help you in your role as a parent?”**

4 COPING SKILLS AND SUPPORT SYSTEM
- Education Background – Experiences, Challenges **& Successes**
- Employment Background – Experiences, Challenges **& Successes**
- Transportation & Phone Availability
- Unhealthy/Poor Coping Behaviors
- Prenatal Care
- Lifelines – Friends and Family (Fun & Support)
- **DEPRESSION** (prenatal & postpartum)

**Explore with questions about the indicators of prenatal and postpartum depression.**
5 STRESSES & CONCERNS
- Relationship(s)
- Housing – Experiences, Challenges & Successes
- Finances – Experiences, Challenges & Successes
- Any stressors/concerns affecting parent’s life
- How does parent handle stress

TIP.... Using “What-if” scenarios with teen parents may help them to better visualize & consider the possibilities.

Consider... Ask about DV while gathering info about stresses: “Have you ever been in a relationship where it’s been a constant worry for you because someone was consistently hurting, threatening, screaming insults, or cursing at you?”

6 ANGER MANAGEMENT SKILLS
- How do parents handle their anger – Experiences, Challenges & Successes
- Is either partner concerned with the other’s methods for handling anger?
- Past and/or present violent behavior towards others?

7 EXPECTATIONS OF INFANT’S DEVELOPMENTAL MILESTONES & BEHAVIORS
- Walking
- Toilet Training
- Spoiling
- Crying
- Rigidity? When will parent begin to worry and what will they do?
- How will Dad or current partner respond if left alone with a crying or colicky baby?

8 PLANS FOR DISCIPLINE
- Mobile infant 8 mo – 18 mo
- Toddler 1½ y – 3 y
- Older Child 3 y – 5+ y

NOTE... Scenarios should capture discipline method(s) parents may use to teach their child appropriate behavior to avoid repetitive unwanted & unsafe behaviors.

9 PERCEPTION OF NEW INFANT
- Ask, “How would you describe your baby?”

10 BONDING AND ATTACHMENT
- How did parents feel about the pregnancy...then and now
- Adoption and/or abortion considered
- Parents’ bonding w/child and “risks” of poor bonding
- Baby’s impact on parents’ lives

Avoid Judgement Words – Great! Good! Wow! Instead... HELP PARENTS IDENTIFY THEIR STRENGTHS!!!
“What do you feel is the reason for your success?”
“What is it about you that enabled you to make it happen?”
“How do you feel about your achievement?”