



Office of Children and Family Services

Status Report

August
2020

Community-Based Prevention Programs

Release Date: October 30, 2020

Healthy Families NY

<https://www.healthyfamiliesnewyork.org/>

"We're connecting in any way we can, even if it's just through text message. We're trying to find the light in the darkness. This might be the thing that keeps people connected to our program."

--HFNY Program Manager

Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to **expectant and new parents**, beginning weekly and decreasing over time, until the child starts school or Head Start. **HFNY** is open to first-time parents, as well as **parents with multiple children**, who are pregnant and/or have **at least one child less than 3 months old**.

HFNY is **relationship-based, trauma-informed, culturally humble, family centered, and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

Other Prevention Programs

Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

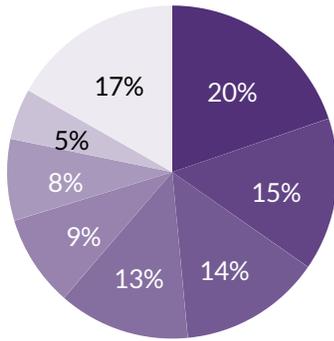
They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

August

Data from August 2020

Healthy Families NY

Service Referrals

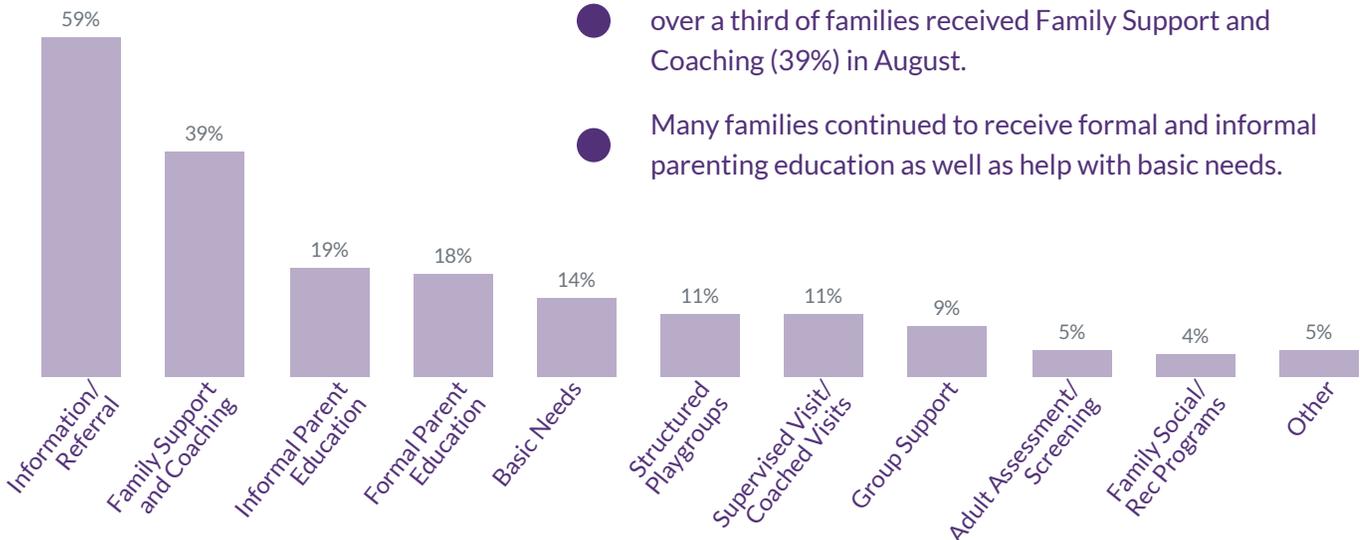


- Concrete Services (19.8%)
- Health Care (14.85%)
- Counseling / Support Services (13.86%)
- Nutrition (12.87%)
- Family/Social Support Services (8.91%)
- DSS / HRA (7.92%)
- Employment, Training and Education (4.95%)
- Other Services (16.83%)

- By the end of August, home visitors completed 224 Parent Surveys, with 155 new families enrolled in services.
- Home visitors completed over 4,900 home visits during this time.
- 64% of visits lasted more than 45 minutes.
- 36% of visits lasted 30-44 minutes.
- The 344 home visitors received over 1700 hours of supervision, with an average of over 5 hours per worker for the month of August.
- By mid-October, 59% of the referrals resulted in families receiving services or had services pending.
- Nutrition referrals are decreasing compared to March, April, May, June, and July returning to pre-COVID levels, with Concrete Services, Health Care, Counseling/Support Services and Other Services referrals increasing in August.

Other Prevention Programs

Services Provided



- In the month of August, these 35 community-based programs served 684 people.
- Over 2,300 services were provided to participants.
- Nearly 60% of families received information/referrals, while over a third of families received Family Support and Coaching (39%) in August.
- Many families continued to receive formal and informal parenting education as well as help with basic needs.