

### Office of Children and Family Services

# Status Report

#### **Community-Based Prevention Programs**

# March 2021 Release Date: May 15, 2021

# Healthy Families NY

https://www.healthyfamiliesnewyork.org/

#### Programs On Operating During a Pandemic:

"We're seeing more family enrollment; families are saying, 'we're in a pandemic, I need more support."

"Being able to come through for them is helping them to build the initial trust, and us having the connections in the community to resources is a way we are building trust."

### Supporting Families Right From the Start

Healthy Families New York (HFNY) is an evidence-based home visiting program offering services to expectant and new parents, beginning weekly and decreasing over time, until the child starts school or Head Start. HFNY is open to first-time parents, as well as parents with multiple children, who are pregnant and/or have at least one child less than 3 months old.

HFNY is **relationship-based**, **trauma-informed**, **culturally humble**, **family centered**, **and strength-based**. Home visitors develop healthy relationships with families and **partner with parents** to support them in responding in a sensitive and in a nurturing manner to their young children through various program activities.

#### Children & Family Trust Fund Programs

"I like that I can have somebody I trust to confide in whenever I need to and I love how I feel cared about."

--Parent who received services

#### Strengthening Families and Communities

OCFS also funds additional **community-based child abuse prevention programs**. These include Family Resource Centers, home visiting programs, parenting education programs, and clinical family support programs that are **evidence-based or evidence-informed**.

They **work in partnership with other community agencies** and parents to **assist families** in their caregiving roles, **strengthen informal supports**, offer resources directly or through **referrals**, and **promote community investment**. These services build on **protective factors** that research shows can **reduce child abuse and neglect**.

## March

# Healthy Families NY

Service Referrals

18%

15%

17%

12%

14%

Counseling / Support Services (18%)

Family/Social Support Services (14%)

Nutrition (10%) DSS / HRA (7%)

Employment, Training and Education (7%)

7%

10%

Health Care (17%)Concrete Services (15%)

Other Services (12%)

39%

55%

By the end of March, home visitors completed 254 Parent Surveys, with 67%, or 170 new families enrolled in services.

- Home visitors completed over 6,300 home visits during this time.
- 66% of visits lasted more than 45 minutes.
- 34% of visits lasted 30-44 minutes.
- The 338 home visitors received over 2,000 hours of supervision, with an average of over 6 hours per worker for the month of March.
- By mid-May, 59% of the referrals made in March resulted in families receiving services or had services pending.
- Counseling/ Support Services and Health Care referrals continue to make up the largest portions of total referrals in March.

#### Children & Family Trust Fund Programs

**Services Provided** 

23%

25%

In the month of March, these 22 community-based programs served 613 people.

- Over 4,580 services were provided to participants.
- Over half (55%) of families received Information/Referrals, in March.
  - Many families continued to receive Information/Referrals, Family Support and Coaching, as well as help with Basic Needs.

