



PCANY HFNY Resource Library

Resource materials are available for loan for the duration of one month to HFNY Members. If you would like to borrow any materials please contact us at (518) 689-0556

CURRICULA

Ages & Stages Questionnaires (ASQ), A Parent-Completed, Child-Monitoring System, Second Edition, Diane Bricker and Jane Squires, LaWanda Potter. Includes the ASQ User's Guide, Second Editionm, 1999.

Baby and Me: Growing Together / Mi Bebé y Yo Crecemos Juntos. Dorothea Cudaback, Ph.D. and Eunice Romero-Gwynn, Ph.D. Cooperative Extension. University of California, 1991.

A booklet for parents of infants, 0 to 12 months, designed to: help them learn more about normal infant development and developmental needs, increase their desire and ability to observe and identify their infants' developmental progress, help them respond to their children's development cues in ways that promote growth, helping them to increase their understanding of children's nutritional needs, and to establish positive feeding. Provides places to record the child's developmental progress and suggests parenting practices to promote development at each age.

10 pp spiral bound booklet, plus copy-ready sheets of the booklet. Dorothea Cudaback, College of Natural Resources, 101 Giannini Hall, University of California, Berkeley, CA 94720 510-642-2608

Child Development, Health, and Safety: Educational Materials for Home Visitors and Parents. Lisa R. Cohen, et. al. University of North Carolina Injury Prevention Research Center. Aspen Publishers, Inc. 1996.

277 pp. A set of materials, with many worksheets and activities, for all types of home visitors to incorporate child abuse and neglect prevention and child safety onto their work, by teaching positive parenting skills and home injury prevention methods. Includes a variety of materials to be used together with the family or separately:

- Tools: positive parenting assessment, child safety checklists, problem solving information, contract, family learning record
- Development and Health Information: e.g., discipline, immunizations, feeding, for home visitors and for parents
- Safety Information: on 28 safety hazards, tips on how to keep children safe
- Parenting Information: issues, parent health, decisions and options, typical parental concerns like coping with stress and selecting child care
- Visit Ideas: 20 ideas for structuring visits, addressing safety topics and teaching parenting skills
- Detecting and Reporting Child Maltreatment: recognition, requirements and steps to report
- Resources and References

Aspen Publishers, Inc., 7201 McKinney Circle, Frederick, MD 21704 1-800-234-1660

Parents as Teachers: Born to Learn Curriculum. Parents as Teachers National Center, Inc.

Curriculum includes: "How to Implement a Parents as Teachers Program" spiral bound book; Preview Packet: Prenatal to Three Years: Parents are Teachers Babies are Born to Learn information packet.

Parents as Teachers National Center, Inc. 10176 Corporate Square Drive, Suite 230 St. Louis, Missouri 63132

Empowerment Skills for Family Workers: Interagency Strengths-Based Training Curriculum for Frontline Family Workers. Christiann Dean, et. al. Cornell Empowering Families Project, Cornell University, 1997.

The comprehensive curriculum of the New York State Family Development Training and Credentialing Program (FDC) can be used by agency or community-based trainers who want to offer workshops based on family support and empowerment principles, and agencies who wish to adapt the curriculum for their own setting (permission from authors required), as well as by workers and trainers in a FDC Training Program

in New York State.

Ten chapters address ten competencies: 1. Family development 2. Worker self-empowerment 3. Building mutually respectful relationships 4. Communication 5. Cultural competence 6. Ongoing assessment 7. Home visiting 8. Helping access specialized services 9. Facilitating groups & meetings 10. Collaboration

* Empowerment Skills for Family Workers: Worker Handbook, Christiann Dean- the core of the curriculum, questions and activities, 321 pp. (\$32)

* Empowerment Skills for Family Workers: Trainers Manual, Betsy Crane & Christiann Dean - a guide to over 100 hours of interactive training sessions, 531 pp. (\$32)

* Empowerment Skills for Family Workers: Guide to Skills Practice and Portfolio Development, Jean Anne Dull & Bud Lawrence (Corning Community College) and Christiann Dean - for field advisors and workers (\$20)

Cornell Resource Center (For more information about the curriculum or the NYS FDC contact Betsy Crane, Cornell Empowering Families Project, 430 N. Titus Ave., Ithaca, NY 14850 • 607-277-1503 • <bc24@cornell.edu>

607-255-2080, 607-255-9946

Finding the Gold Within, A Self-Esteem Successbook for Women. Florida State University Center for Prevention and early Intervention Policy. Isabel Stabile, Mimi Graham, Anne Powell, Len Worley, Rebecca Pruett. Florida State University. 2004.

Workbook style, spiral bound for women to reflect on themselves. Full-color illustrations, spaces to write. Headings include Making Your Dreams Come True, Facing Decisions and Challenges, Healing Inner Wounds, Getting a New Attitude, Loving and Mothering Yourself, Nurturing Love and Friendship, Fostering Self-Esteem in Children, Creating Abundance in Your Life, Connecting with Your Spiritual Source, Stepping Into Your Greatness, Finding the Gold Within.

74 pp. Special prices available for HFNY programs through Prevent Child Abuse New York.

Great Beginnings with Your Baby. Linda K. Elliot, MSW. Gail Breakey, MPH. Linda Fox, Ph.D. National Committee to Prevent Child Abuse 1992.

Easy-to-read text guides parents through the nuts and bolts of caring for an infant, while offering insights into child development, bonding emotionally with their baby, and the importance of acknowledging any negative feelings they have about parenting. Features include a special section for fathers and an up-to-date immunization schedule. 24 pp. English / **Spanish**

Contact Prevent Child Abuse America 200 S. Michigan Ave., 17th Floor, Chicago IL 60604-2404
312-663-3520

Growing and Learning Together: Parents of Infants and Toddlers (parent book and group facilitator's manual) Virginia Wyly, Ph.D. EPIC (Effective Parenting Information for Children) 1996

This is a family involvement and support group program for parents of infants and toddlers that emphasizes ways parents can help their children reach motor, language and learning milestones and teaches parents several methods and skills to encourage their infants' and toddlers' social and emotional growth. The parents' manual includes many multicultural photos of babies and toddlers with parents as well as worksheets. Topics range from "knowing yourself as a parent" to "promoting literacy in your child" and include "setting limits", "building independence", "establishing routines", among others. The facilitator manual outlines topics discussed in each workshop to guide a successful group process. The facilitator leads the group with questions, guides the discussion, suggests and encourages the participants in ways the help the group resolve issues.

EPIC Executive Office, SUC Buffalo, Cassety Hall Rm 340, 1300 Elmwood Ave, Buffalo, NY 14222.
716-886-6396, 716-886-0221

Healthy Families San Angelo. Healthy Families San Angelo.

A teaching tool to be used during each home visit, organized in loose-leaf form so the Family Support Worker can carry a lesson to each visit. Lessons are written at a level most parents can understand. Topics include developmental stages, developmental needs, and parenting skills. Building healthy parent-child relationships and building positive self-esteem are emphasized. Copy-ready masters comes in two sets, or versions, referring to baby as he or she, and are used to fill a notebook/baby book that is presented on the first home visit. Besides the curriculum, programs for each parent will need: a 1 1/2 inch 3-ring notebook, 7 dividers, a cover sheet, and a photo of the baby. Materials include a sample 3-ring notebook, male & female curriculum masters and instructions for storing and using the curriculum.

English / **Spanish** \$130

Healthy Families San Angelo. Healthy Families San Angelo. (Curriculum in Spanish)

See Above

Healthy Families San Angelo, 334 West Concho, San Angelo, TX, 76903

915-658-2771, 915-658-6293

Helping Babies Learn: Developmental Profiles & Activities for Infants & Young Toddlers.

Shows parents how to help their newborn to 36 month old children to realize their fullest potential and emphasizes parent-child partnerships by focusing on developmental activities occurring in daily life. Provides parents with reproducible activities to integrate all aspects of development. Teaches parents how to observe and plan appropriate activities with their child. Includes: home routines, social development, health and safety, indoor activities, excursions, and more. Parents learn how their child is doing with 6 charts summarizing normal skills development for each 3-month time period. Each chart represents the sequences of development in the cognitive, language, gross motor, fine motor, social and self-help domains. 276 pp manual, spiral wire-bound, plus set of 6 developmental charts. [Developmental charts may be reordered in packages of 5 @ \$19.] \$59

Communication Skill Builders, 38301 Bellevue, PO Box 12050-CN3, Tucson, AZ, 85733

800-866-4446, 800-232-1223

The Magic Years. Los Años Mágicos. Dorothea Cudaback, Ph.D. Family Development Program. University of California, Cooperative Extension, Berkeley, CA. 1994.

Materials for parents of infants and toddlers, in a packet of two sets of copy-ready handouts, each in English and **Spanish**.

Set One: Information sheets on parenting, "The Magic of Infancy and the Toddler Years: 1-How to Manage Stress, 2-Baby Play, 3-Sibling Rivalry, 4-Babies and Guidance, 5-The Accident Years, 6-Showing Love, 7-Toddlers and Play, 8-Temper Tantrums, 9-Bedtime Problems, 10-Picky Eaters, 11-Guidance and Discipline for Toddlers, 12-Toilet Training, 13-Listening is Important, 14-When Your Child Says "No."

Set Two: Instructions for making homemade learning toys and games: 1-Infant Flutter & Dangle Toys, 2-Infant Batting Toys, 3-Infant Feely Strips, 4-Infant Glove Toy, 5-Infant Peek-a-Boo Toy, 6-Infant Two-Way Box, 7-Infant Stacking & Nesting Toys, 8-Toddler Bath Time Bouncer, 9-Toddler Touch Bag, 10-Toddler Egg Carton Fun, 11-Toddler Slot Toy, 12-Toddler Shape Match.

Dorothea Cudaback, College of Natural Resources, 101 Giannini Hall, University of California, Berkeley, CA 94720. 510-642-2608

Nurturing Program Parents & Children Birth to Five Years/ Crianza con Cariño Programa Para Padres Y Niños. Stephen J. Bavolek, Ph.D. and Juliana Dellinger-Bavolek, M.S.E. Family Development Resources, Inc. Eau Claire, WI. 1989.

Home-based program provides forty-five 90 minute sessions: each presents a concept regarding self and parenting, and engages "Family Nurturing Time" for parent and child(ren) to learn and practice new skills and have fun. Each session is formatted into a series of activities and exercises.

- Implementation Manual: Techniques, strategies and information to conduct session activities. 64 pp. \$12.

- Activities Manual for Parents Home-Based Program/ Manual de Actividades Formato Para el Hogar: Conducting the parents' program in home sessions. 382/332 pp. \$42.

- Nurturing Book for Babies and Children: For parents, activities, medical information, growth and development and special day activities. Pages for pictures and information about the child. 127 pp. \$13.

- Manual Para Padres: For parents, describes nurturing parenting techniques and weekly home practice assignments.

(Generally used in group-based programs; also available in English.) 174 pp. \$13.

("Crianza con Cariño" was developed and validated for Hispanic families of Puerto Rican, Mexican, Central and South American descent, and reviewed by Hispanic professionals for cultural sensitivity.) \$12/\$42/\$13

Family Development Resources, Inc., 3160 Pinebrook Road Park City, UT 84060

800-688-5822, 801-649-9599

Our Family Planner. Bright Beginnings.

Copy-ready material for families created by Bright Beginnings in Albany, NY.

Parent and Baby Playbook. Mary Alger, MPH. Parent and Child Center of Hawaii, Honolulu, 1989.

Intended for use by or with parents, the playbook describes baby's development and suggests play activities, for the first 15 months. First pages include a place for photo, record of birth and "Things I want

to remember about baby." Attractive hand-drawings and handwritten text. Developed and used by the Hana Like, Hawaii Healthy Start, program.

39 pp. Photo-copy pages in clear cover binder. \$7.50

*Hana Like Home Visitor Program, 436 McNeill St., Honolulu, HI, 96817
808-841-2245, 808-842-9604*

ParentLink Guides for Choosing Parenting Curricula. Robin R. Wingo, MSW, LCSW. Carol Mertensmeyer, Ph.D. ParentLink Connection Center, Missouri. 1994

Four guides to assist in selecting parenting education materials, drawing from culturally-specific materials.

- Guide for Choosing Parenting Curricula I: The 72 page book does not duplicate contents of the culturally specific curricula guides. Includes easy-to-read quick-reference pages and narratives for 41 curricula, reviewers' notes, section on "How to Select Parent Education Programs." \$16.
- Guide for culturally-specific parenting curricula, each include easy-to-read content and quick reference pages; curriculum descriptions; reviewers' notes; parenting education information for working with culturally-specific audiences. \$10.70 each.
- Guide for Choosing African American Parenting Curricula, 61 pp.
- Guide for Choosing Hispanic/Latino American Parenting Curricula, 65 pp.
- Guide for Choosing Native American Parenting Curricula, 64 pp.

ParentLink, 212 Whitten Hall, University of Missouri, Columbia MO 65211 314-882-1441

Partners for a Healthy Baby: A Home Visiting Curriculum for Expectant Families: Before Baby Arrives. Florida State University Center for Prevention and early Intervention Policy. Isabel Stabile, Mimi Graham, Anne Powell, Christine Chiricos. Florida State University. 1999.

Designed especially for home visitors, the curriculum covers each month of pregnancy, includes a user's guide, attractive, full-color illustrations showing mothers and fathers across a spectrum of cultures, and includes both health and developmental information for parents about pregnancy and the baby. as well as supportive materials to enhance parental self-esteem. Supplemented by **full-color handouts for families available in English and Spanish.**

92 pp. Special prices available for HFNY programs through Prevent Child Abuse New York.

Partners for a Healthy Baby: A Home Visiting Curriculum for Families: Baby's First Six Months. Florida State University Center for Prevention and early Intervention Policy. Isabel Stabile, Mimi Graham, Anne Powell, Christine Chiricos. Florida State University. Second edition, 2001.

Comprehensive curriculum providing monthly guidance for home visitors and others working with newborns and their families. Includes content, prompts, and resources for enhancing maternal health and personal development during baby's first six months; infant health and development; and parent/child interaction. Includes one 89-page set of handouts.

Handouts available in English and Spanish.

220 pp., color, illustrated, worksheets and list of resource

Partners for a Healthy Baby: Home Visiting Curriculum for New Families: Baby's 7-12 Months.

This third curriculum in the *Partners for a Healthy Baby* series incorporates neurodevelopment research, infant mental health, and evidence-based best practices during infancy. Practical applications of research are integrated throughout the curriculum in strategies for supporting baby's development such as bonding and attachment, continuity of care, the effects of stress on the parents and infant, health and safety, mother's physical and emotional health, and ways to promote the baby's overall development through daily care routines, toys and books, and building a trusting relationship. The handouts offer practical guidance to families dealing with baby's stranger anxiety, increasing mobility, and desire for independence.

408 pp., color, illustrated, worksheets, list of resources and a complete set of handouts. **Handouts available in English and Spanish**

Partners for a Healthy Baby: Home Visiting Curriculum for New Families: Baby's 8-13 Months.

This fourth curriculum in the *Partners for a Healthy Baby* series incorporates:

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Over 250 pp., color, illustrated, worksheets, list of resources and a complete set of handouts. **Handouts available in English and Spanish**

Resource Mothers / MotherNet Program. Margot Zimmerman, Ed. INMED's MotherNet America Program. Sterling, VA 1993.

For outreach to pregnant and parenting families, provides excellent prenatal activities and resources.

- Resource Mothers Handbook: a training text and home visitor reference. The manual addresses issues ranging from pregnancy, childbirth, and nutrition, to parenting, building self-esteem, and problem-solving. A 417 pp small spiral-bound handbook that is easily carried. (Also available in **Spanish**. \$25 each)
- Implementation Guidelines: A manual for program administrators of outreach programs for pregnant and parenting families. Emphasizes planning and evaluation, including sample forms, along with practical information on coalition building, volunteer recruitment and funding. (\$30)
- Curriculum Sourcebook: Designed to use in conjunction with the Resource Mothers Handbook. With an introduction to adult learning and literacy skills and principles of empowerment and cultural competency, the book is a compendium of interactive curriculum tools that highlight the information in the Handbook. Topics range from pregnancy, parenting, and child development, to building self-esteem, problem-solving, and community advocacy, which are presented in role plays, games, and didactic training methods. It comes in a 3-ring binder format, which can be updated. (\$50) \$25 / \$30 / \$50

*INMED's MotherNet America Program, 45449 Severn Way, Suite 161, Sterling, VA ,20166
703-444-4477, 703-444-4471*

A Rhythm of Our Own: A Baby Book Birth to Three Years. Cindy Lee Shih, M.S. Ed. Hawaii Family Stress Center, Honolulu, 1993.

Fifteen sets of activities which parents and their babies or young children can do together; enjoying playtime and facilitating school readiness. The activities focus on skill areas most often used to describe growth and development: gross motor and fine motor, adaptive, cognitive, personal-social and communication. Some general information about childcare and safety is also included. The spiral bound book is divided into sections, from infant to toddler, and includes pages with pictures and information about babies. The curriculum was designed for use with parents in Hawaii's Healthy Start Program.

\$25 Gladys Wong, ACSW, Community and Family Support Services/Healthy Start, 1600 Kapiolani Blvd, Ste 600, Honolulu, HI96814.

Teaching Parents of Young Children: A Curriculum in 12 Sessions. Laura Wetzel. Child Welfare League of America, Inc. Washington D.C., 1996.

A group-based parenting curriculum for parents of children ages one year to five years, on a wide range of educational and intellectual levels. Includes sections on group facilitation and leadership techniques and 12 session descriptions including guidelines and exercises: Play, Discipline, Ages and Stages, Set Yourself Up for Success, Communication, Helping Children Learn Right, Building a Solid Self-Image, Answering Tough Questions, Protecting Your Children from Abuse, Protecting Yourself from Abuse, Building Brains and Bodies, and Sibling Rivalry. Companion booklet, Parent Power Pages, include worksheets, which offer a review of material covered, or supplemental information. Pages can be copied and handed out to participants.

*Child Welfare League of America, 440 First Street, NW, Suite 310, Washington, DC 20001
202-638-2952, 202-638-4004*

Troy Healthy Kids. Troy, NY.

This assortment of materials includes FSW and Family Forms: Self-Screen Tool, Basic Care for Moms To Be, Calendar, Appropriate Child Environment Survey, Average Daily Feeding Schedule, Immunization Reminder, Home Visit Preparation Log, Home Visit Journal, and Monthly Data Sheet. Also, Checking Yourself Out: Taking a Look at Your Personal Support System; Checking Yourself Out: Taking a Look at How to Feel More in Control; and Healthy Kids: Accidents Won't Happen (if you take some e-a-s-y steps).

BOOKS



Early Parenting: 1 copy. Preemie Information. (From Internet) 1999.

Many topics covered include: why a preemie doesn't act like a full term baby, what a preemie can do, how the parent/caregiver can help, emotional responses of parents, stages of adaptation, intro. to the NICU, common problems, development and care considerations, incl. sleeping, bathing, feeding, and safety. Provides a listing of support groups and resources available to parents. 79 pp.

Active Parenting: Teaching Cooperation, Courage, and Responsibility. Michael Popkin. Harper and Row, Publishers, San Francisco. 1987

Written for parents, this 156 page book describes a program for understanding and leading children, for helping them to thrive and grow. Based on the idea that parenting well is both extremely important and extremely difficult, Popkin discusses how to: identify your own parenting style; learn to be an active parent rather than a reactive parent; create an atmosphere of mutual respect, trust, and teamwork; develop a clear set of principles and skills for parenting.

Baby Basics: Your Month by Month Guide to a Healthy Pregnancy. Part of a prenatal health and literacy curriculum from The What to Expect Foundation, New York, New York. Available in English and Spanish (Hola Bebe: Su guía de mes a mes para un embarazo saludable)

Simply written for parents, spiral bound on attractive glossy stock, includes great intro on getting a pregnancy team, understanding Medicaid and WIC, getting health care. Month by month explains what's happening inside, drawings of the developing baby, tips on what to expect at the doctor and more. Includes Tips for Fathers, recipes, how to stay healthy, your changing body, other parents' stories, where to get help, glossary of terms. Easy to use and understand, full of information and help. Available for \$7.50 from the publisher.

Children's Rights Handbook, An Introductory Guide for Child Protection Professionals and Agencies. Claire Bedard, Cornell University & Childhope, U.S.A. 1996

This Children's Rights Handbook is intended for child protection professionals who have an interest in learning about children's rights and how a children's rights approach can become part of child protection services. It offers introductory concepts on human rights and children's rights and contains a useful twelve-step children's rights guideline for child protection

Cornell Cooperative Extension Child Development Materials. Mary Jane Cotter. Cornell Cooperative Extension. New York State-Cornell University. Ithaca.

Toddler Topics, For parents of Children 12- 24 months

A series of four 6-page fact sheets: 12-15 months, 15- 18 months, 18-21 months, 21-24 months

Fact sheets include information such as:

- general developmental guidelines
- communication skills (receptive and expressive) at each age
- activity and game suggestions
- feeding information

(\$3.40 for four fact sheets)

Fact Sheets for Parents and Others Who Care about Children:

- Infants and Parents
- Terrific and Terrible Two-Year Olds
- 3-and 4 Year Olds
- An Alphabet of Activities for Preschoolers at Home

(\$1 / fact sheet; additional titles available)

(Not an easy reading level; useful for staff training and ideas for working with parents)

Resource Center, Cornell University (DW) 7 Cornell Business & Technology Park, Ithaca, NY 14850

A Dance With Your Baby, A Guide to Infant Care Giving and Development – A Memory Book Too! Linda Elliot, Gail Breakey, and Linda Fox, Hawaii Family Stress Center. 1992 English and Spanish / Multi-racial

Information in this Guide is based on what Hawaii Family Stress Center has learned from working with families of newborns since 1976 and the research of Katherine Bernard, R.N., Ph.D. as it relates to early parent-infant interaction and attachment. Among the topics covered: Trust Building, Feeding, Sleeping, Crying and Consoling, Playing, Basic Care, Baby's Development, etc. 37 pp.

Difficult Conversations, How to Discuss What Matters Most. Douglas Stone, Bruce Patton, Sheila Heen (Harvard Negotiation Project), Viking Penguin/Putnam, Inc., New York, 1999.

We all have difficult conversations, no matter how confident or competent we are. And too often, no matter what we try, things don't go well. Should you say what you're thinking? Difficult Conversations teaches you how to handle even the toughest conversations more effectively and with less anxiety. It walks you through a proven, concrete step-by-step approach for understanding conducting tough conversations. It shows you how to get ready, how to start the conversations in ways that reduce defensiveness, and how to keep the conversation on a constructive track regardless of how the other person responds. 250 pp.

Enabling and Empowering Families. Carl J. Dunst, Carol M. Trivette, and Angela G. Deal Brookline Books, Cambridge, MA. 1988.

Principles and guidelines for practice. Designed for use by professionals working in the early intervention field, in programs that place emphasis on involving the parent directly in activities fostering the child's development. Contents include: Social Systems Perspective - Empowerment of Families - Informal Support and Resources - Professional Roles. 204 pp.

*Family Resource Coalition, 200 S. Michigan, Ste 1520, Chicago, IL 60604
312-341-0900, 312-341-9361*

Fathers & Babies, How babies grow and what they need from you, from birth to 18 months, Jean Marzollo, HarperCollins Publishers, Inc., New York. 1993.

This is a light and reassuring introduction into the world of fatherhood. Because most fathers don't get to spend as much time with their babes as mothers do, men don't learn the everyday skills of baby care.

Fathers & Babies provides step-by-step instructions accompanied by humorous, real-life pictures that show fathers what to do. The book also explains the important perceptual abilities, language skills, muscular coordination, strength, and concepts of trust and self-esteem that babies need to develop during the first eighteen months of life. The more fathers know about these critical developments, the more fathers will be able to help their babies achieve and the more worthy they will feel as parents. 235 pp.

First Steps With Your Baby – A Guide to Infant Care Giving and Development. Linda Elliot, Gail Breakey, and Linda Fox, National Committee to Prevent Child Abuse and Hawaii Family Stress Center. 1992.

This Guide helps parents nurture their new baby through each stage of infant development. Easy-to-read basic advice on building a baby's trust, feeding, holding and carrying an infant; assisting in a baby's development, up-to-date immunization chart, etc. 27 pp.

For Children's Sake, the Promise of Family Preservation. Joan Barthel, Annie E. Casey Foundation The Edna McConnell Clark Foundation, the Foundation for Child Development, and the Skillman Foundation. 1991.

This is an informational overview of how the family preservation movement began, how it has grown, its important implications for children and families in crisis. 80 pp.

Ghosts from the Nursery, Tracing the Roots of Violence, Robin Karr-Morse and Meredith S. Wiley with an Introduction by Dr. T. Berry Brazelton, The Atlantic Monthly Press, New York. 1997.

Ghosts from the Nursery compellingly demonstrates the poisonous effect that neglect, abuse, trauma, injury, and toxicity have in the first thirty-three months of life, and makes a convincing case for a revolution in our beliefs about the care of babies. In absorbing and accessible prose, case histories are presented of "children who kill," along with the latest in brain development research. Adolescent life story, told in his own words, his brother's accounts and excerpts from early child welfare case records, showing some of the key occurrences in a child's life that may perpetuate the cycle of violence. Lucid explanations of recent research that shows how infancy is the stage during which the foundations for trust, empathy, conscience, and lifelong learning and thinking are laid down, or during which a predisposition to violent behavior is hardwired into the brain. 363 pp.

How to Parent. Dr. Fitzhugh Dodson. The New American Library Inc. New York. 1970.

Describes an approach to child-raising, from birth to five years, based on a combination of love and discipline. Dr. Dodson covers subjects such as: enriching the environment, stimulating the child's mind and senses, child proofing your home, choosing toys and books, time table of development, actions vs. feelings, parental "thou shall nots," when to yield and when to be firm, and dealing with hostility. The book is generous with advice about the do's and don'ts of parenting, as well as appendices listing appropriate books and toys. 444 pp.

How To Talk So Kids Will Listen and Listen So Kids Will Talk. Adele Faber and Elaine Mazlish. The Rawson, Wade Publishers, Inc. 1980.

A "how to" book for parents which describes: - how to listen and understand your child's concerns - how to have cooperation in the family without nagging - how parent and child can deal with feelings - how to find alternatives to punishment - how to help a child attain a positive self-image. Included are cartoons depicting "right" and "wrong" examples of talking to and with children, as well as exercises so parents can teach themselves the skills. 233 pp.

Joy In Parenting: Parenting Skills with Pre-Schoolers through Adolescents. Jo Schlehofer, Paulist Press, NY. Ramsey .Toronto. 1978.

An easy to read, practical book for parents and anyone relating with children. This 184 page guidebook is divided into chapters dealing separately with child development from infancy to adolescence, discipline, self-esteem for parent and child, feelings and emotions, sibling rivalry, sexuality, and spirituality. Each chapter includes worksheets to assess the child/parent's present situation with many positive, useable ideas for growth and change.

Making the News: a Guide for Nonprofits & Activists. Jason Salzman, Westview Press, a Division of HarperCollins, United States, 1998. A comprehensive guide to making the most of organizing through the media, for non-profits and grassroots organizations. 289 pp.

Mothering and Fathering, The Gender Differences in Child Rearing. A Step Towards Overcoming Conflict In Parenting, Tine Thevenin, Avery Publishing Group, Inc., Garden City Park, NY. 1993.

Mothering and Fathering looks at why there is an almost universal conflict between mom and dad when it comes to child rearing. Traditionally, women encourage intimacy, nurturing, and bonding, whereas men encourage independence and self-reliance. In recent decades, experts have begun to establish "standards" in child rearing that may reflect more than just research. This book examines the hidden influences that shape these standards. In looking at the roots of the problem, the book probes biological, psychological, and sociological gender differences. It discusses the roles of today's mothers, fathers, and child-care professionals, in doing so makes some startling discoveries as to who sets our norms for child care. 205 pp.

Motivational Interviewing: Preparing People for Change. Willam R. Miller, Stephen Rollnick. Second edition. The Guildford Press. New York. 2002.

"The" book about strategies for increasing readiness and commitment to change. Motivational Interviewing (MI) is an evidence-based approach to working with people effectively in ways that reduce resistance, increase self-initiated change, and assist practitioners to develop skills that support positive relationships. Dense reading. 427 pp.

Parenting Playfully – Dancing the Developmental Ladder, Birth to Three. Tom Potter and Beatrice Parnes, Parent Education Program Press. 1995.

This book blends methods of care giving to help parents develop confidence in their parenting abilities. The child benefits by being introduced to the world in a caring, step-by-step fashion. The goal, after three years, is to have a family full of confidence, love and vitality.

The Prenatal Prescription. Peter Nathanielsz. Harper Collins, NY. 2001.

Latest research on prenatal life—"State of the art program for optimal prenatal care". This book is aimed at parents and professionals and covers the physical, hormonal, emotional and nutritional aspects of the prenatal relationship and the known effects of these factors on the child's development and life course. Great material for staff to know for prenatal visits. 212 pp.

Raising Nuestros Ninos, Bringing Up Latino Children in a Bicultural World, Gloria G. Rodriguez, Ph.D., Fireside Books (Simon & Schuster), New York. 1999.

This is a practical reference as well as a treasury of the culture. It covers: Latino history, tradition, and culture – lessons to share with children and simple ways to enrich development and self-esteem as you celebrate Latino heritage; how to encourage children's emotional and intellectual skills and why an environment rich in Latino culture will enhance their future; the value of family and community, the cornerstones of effective parenting that have supported and nurtured generations of Latino households. 378 pp.

Raising Raul, Adventures Raising Myself and My Son. Maria Hinojosa, Penguin Putnam Inc., New York. 1999.

An award-winning radio and television journalist shares her story of self-discovery and the fears and challenges that come with being a woman toady. Maria Hinojosa had established a very exciting career. But with the birth of her first child, Raul, she began to discover what really matters in life. She tells the spirited story of her struggle to become not only the mother she wants to be but also the woman she wants to be. 240 pp.

Rethinking the Brain, New Insights Into Early Development. Rima Shore, Families and Work Institute. 1997.

Every field of endeavor has peak moments of discovery and opportunity, when past knowledge converges with new needs, insights and technologies to produce stunning advances. For neuroscience, this is one such moment. Brain research has been stimulated in part by growing concern about the status of children in America—not only their academic achievement but also their health, safety, and overall well-being. There is a growing consensus, among decision makers in many fields, that efforts to recast policy and reconsider the best use of public resources must begin at the beginning—with clearheaded thinking about young children’s brains. 92 pp.

*Families and Work Institute, 330 Seventh Avenue, New York, NY 10001 212-465-2044
www.familiesandwork.org*

The TEAM Handbook—How to Use Teams to Improve Quality, Peter R. Scholtes, Joiner Associates 1988.
For Team Leaders to implement Quality Improvement based on work of Deming and William Hunter. 3 copies.

Teen Dads, Rights, Responsibilities & Joys, Jeanne Warren Lindsay, M.A., CHE, Morning Glory Press, Buena Park, CA. 1994.

For all young fathers who want to be good dads – a guide to responsible and joyful parenting. Know your rights, accept your responsibilities, and find joy as you: support your partner and your unborn child during pregnancy; assist with labor and delivery; nurture your newborn; care for your infant; guide your toddler; deal with your relationship realities; and prepare for your future and your child’s future. 190 pp.

Understanding My Signals, Brenda Hussey, M.A., MPH. VORT Corporation, Palo Alto, California. 1988.

Help for parents of premature infants, understanding a baby's cry and fulfilling their needs; both physical and emotional. Making a baby happy. Photo booklet and user's guide. Available in English or **Spanish**. 15 pp.

Vort Corporation PO Box 60880 Palo Alto, CA, 94306 415-322-8282, 415-327-0747

When Mothers and Fathers Work: Creative Strategies for Balancing Career and Family, Renee Y. Magid AMACON - a division of American Management Association. New York. 1987.

Written for parents who work in a two-career household, are single parents, or plan to rejoin the workplace soon. Designed to help them deal with the often-conflicting demands of career and family. Included are chapters on American family traditions and transitions, possible roadblocks, creative strategies to overcoming these obstacles and creating new options, and sections on evaluating childcare and relevant readings. 191 pp.

Within Our Reach: Breaking the Cycle of Disadvantage, Lisbeth B. Schorr. Anchor Books. Doubleday. New York. 1988.

Discusses and describes programs that work and have effective outcomes for children and youth. Provides a vision of what can be achieved, a benchmark for judging efforts, and a takeoff point to better understanding of the elements of intervention worthy of widespread implementation. The book focuses on such issues as: the risk factors, improved prenatal care, child health services that make a difference, strengthening families from the outside, intensive interventions for populations at highest risk, and lessons of successful programs. 294 pp.

JOURNALS



The Future of Children:

This bi-annual publication of the David and Lucile Packard Foundation provides up-to-date information about children’s well being, with focus on childcare policy and practice. The primary audience for this publication includes national leaders, policy makers, practitioners, executives, and professionals in the public and private sectors.

The Future of Children: Home Visiting, The David and Lucile Packard Foundation. The Center for the Future of Children. Vol. 3 No. 3 winter, 1993

Describes existing programs and lessons learned from research, as well as present perspectives about future directions from some of the leading analysts of early intervention programs.

Articles Included: “Home Visiting: Analysis and Recommendations” “Inside Home Visiting Programs” “Home Health Visiting in Europe” “Review of Research on Home Visiting for pregnant Women and Parents of Young Children” “Economic Evaluation of Home Visiting Programs” “Home Visits Necessary but Not Sufficient” “Home Visiting Programs and the Health and Development of Young Children” “Staffing Issues for Home Visiting Programs” “The Societal Context of Home Visiting and Related Services for Families in Poverty” “Home Visiting with Families in Poverty: Introducing the Concept of Culture” “Universal Home Visiting: A Recommendation from the US Advisory Board on Child Abuse and Neglect” “Child Indicators: Children in Foster Care” “Revisiting the Issues: School-linked Services”

The Future of Children: When School is Out. The David and Lucile Packard Foundation. The Center for the Future of Children. Vol. 9 No. 2 fall, 1999.

Explores the availability of Out-of-School services to school children ages 5 to 14.

Articles Include: “When School is Out: Analysis and Recommendations” “America’s School Children: Past, Present, and Future” “The Development of Children Ages 6 to 14” “Successful Parenting in High-Risk Neighborhoods” “Cultural Brokers: Helping Latino Children on Pathways toward Success” “Neighborhoods of Southern California Children and Families” “After-School Child Care Programs” “After-School Programs for Low-Income Children: Promise and Challenges” “Where Need Meets Opportunity: Youth Development Programs for Early Teens” “The Role of the School in Children’s Out-of-School Time” “Four Commentaries: The Policy Climate for After-School Programs” “Child Indicators: Children in Self-Care”

The Future of Children: Domestic Violence and Children. The David and Lucile Packard Foundation. The Center for the Future of Children. Vol. 9 No. 3 winter, 1999.

Discusses the handling and treatment of children exposed to domestic violence.

Articles Include: “Domestic Violence and Children: Analysis and Recommendations” “Prevalence and Effects of Child Exposure to Domestic Violence” “The Impact of Violence on Children” “The Impact of Federal and State Laws on Children Exposed to Domestic Violence” “The Legal System’s Response to Children Exposed to Domestic Violence” “Child Protective Services and Domestic Violence” “Community-Based Domestic Violence Services” “Health Care System Responses to Children Exposed to Domestic Violence” “Mental Health Services for Children Who Witness Domestic Violence” “Emerging Strategies in the Prevention of Domestic Violence”

The Future of Children: Children and Computer Technology. The David and Lucile Packard Foundation. The Center for the Future of Children. Vol. 10 No. 2 Fall/Winter, 2000.

This issue investigates the implications of technology on and for development as a greater number of children are exposed to it or have limited access to it.

Articles Include: “Children and Computer Technology: Analysis and Recommendations” “Children and Computers: New Technology- Old Concerns” “Who’s Wired and Who’s Not: Children’s Access to and Use of Computer Technology” “Changing How and What Children Learn in School with Computer-Based Technologies” “Use of Computer Technology to Help Students with Special Needs” “The Impact of Home Computer Use on Children’s Activities and Development” “Children’s Media Culture in the New Millennium: Mapping the Digital Landscape” Five Commentaries: Looking to the Future” “Appendix A: Federal Programs to Increase Children’s Access to Educational Technology” “Appendix B: What Children Think About Computers”

The Future of Children: Caring for Infants and Toddlers. The David and Lucile Packard Foundation. The Center for the Future of Children. Vol. 11 No. 1, Spring/Summer, 2001

This issue highlights critical shifts in childcare practices and the physical and mental development of infants and young children, newborn to age 3.

Articles Include: “Caring for Infants and Toddlers: Analysis and Recommendations” “Development in the First Years of Life” “Child Care and our Youngest Children” “Caring for Our Youngest: Public Attitudes in the US” “Employer Supports for Parents with Young Children” “Federal and State Efforts to Improve Care for Infants and Toddlers” “International Policies Toward Parental Leave and Child Care” “Reports from the Field”

The Infant Mental Health Journal. Official Journal of the World Association for Infant Mental Health. Issues from Feb. 2002 to the present.

Articles in Feb. 2002 Issue: Special Issue: Early Head Start: Historical Perspectives and Scope: “Early Head Start: A Dynamic New Program for Infants and toddlers and Their Families.” “Understanding

Implementation in Early Head Start Programs: Implications for Policy and Practice.” “The role of Training and technical Assistance in Supporting the Delivery of High Quality Services in early Head Start.” “Improving Child Care Quality in early Head Start Programs: A Partnership Model.” “Getting dads Involved: Predictors of Father Involvement in early Head start and with their Children.”

Articles in May-June 2002 Issue: “Representations of Trauma in Infancy: Clinical and Theoretical Implications for the Understanding of Early Memory” “Informal Social support characteristics and Utilization of Parenting Support Services Among Low-Income African American Mothers of Premature Infants.” “Antecedents of Mirror Self-Recognition of toddlers: Emotional Availability, Birth order, and Gender.” “The Effect of Different Soothing Interventions of Infant Crying and on Parent-Infant Interactions.” “An Infant in context: Multiple Risks, and a Relationship.”

Articles in July 2002 Issue: “Perceptions of early Relationships During the Transition to Motherhood: the Mediating Role of Social Support.” “Six-Month Follow-up of two Mother-Infant Psychotherapies: Convergence of therapeutic outcomes.” “Does Aversive Behavior During Toddler hood Matter? The Effects of Difficult Temperament on Maternal Perceptions and Behavior.” “Affect Expression in Prenatally Psychotropic Exposed and Non exposed Mother-Infant dyads.” “The Importance of Maternal State of Mind Regarding Attachment and Infant Age at Placement to Foster Mothers’ Representations of their Foster Infants.”

Articles in September 2002 Issue: Special issue: Infants in Foster and Kinship Care. “Infants in Foster and Kinship Care.” “Assessment, interventions, and Research with Infants in Out-of-Home Placement.” “The Placement of Infants in Foster Care.” “Congregate Care for Infants and Toddlers: Shedding New Light on an Old Questions.” “Developmental Delay in Young Children in Child Welfare by Initial Placement type.” “Maltreatment Reports and Placement outcomes for Infants and Toddlers in Out-of-Home Care.”

Articles in November 2002 Issue: “Mothers’ Insightfulness Regarding their Children’s Internal Worlds: The Capacity Underlying Secure Child-Mother Relationships.” “The European Early Promotion Project: A New Primary Health Care Service to Promote children’s Mental Health.” “Parenting and Attachment Among toddlers with Congenital Anomalies: Examining the Strange Situation and Attachment Q-sort.” “Depressed Mothers’ Newborns Show Longer Habituation and Fail to Show Face/Voice Preference.” Book review: “I Am Special: Introducing children and Young People to their Autistic Spectrum Disorder.”

Articles in Jan-Feb 2003 Issue: “Infant—Mother and Infant—Father Synchrony: The Coregulation of Positive Arousal.” Brief Mother—Infant Treatment: Psychoanalytically Informed Video Feedback.” Attachment, Culture, and the Caregiving System: The Cultural Patterning of Everyday Experiences Among Anglo and Puerto Rican Mother—Infant Pairs.” “Putting the Pieces Together: Maternal Depression, Maternal Behavior, and Toddler Helplessness.”

Articles in March-April 2003 Issue: “Clinical Interview for High-risk Parents of Premature Infants (CLIP) as a Predictor of Early Disruptions in the Mother-Infant Relationship at the Nursery.” “Parenting After Trauma: Supporting parents and Caregivers in the Treatment of Children Impacted by Violence.” “Maternal Self-Efficacy Beliefs, Competence in Parenting, and Toddlers’ Behavior and Developmental Status.” “An Attachment Perspective on Grandparents Raising Their Very Young Grandchildren: Implications for Intervention and Research.” “Prevalence of Transitional Objects in Young Children in Tokyo and New York.”

Articles in May-June 2003 Issue: Special Issue: 7th world congress, World Association for Infant Mental Health, Montreal, Canada (July 2000): “Diversity Challenges and Opportunities in Infancy” “Brain and Behavior Interface: Stress and Developing Brain” “The Development of Psychopathology from Infancy to Adult hood: the Mysterious Unfolding of Disturbance in Time” “Parents and Infants in Changing Cultural context: Immigration, Trauma, and Risk.” “Beyond the Dyad: Parent-Infant Psychotherapy in a Multicultural Society- Reflections from a South African Perspective.”

Articles in Jul-Aug 2003: Special Issue: The Use of the Diagnostic Classification 0-3: “The Zero-to-Three Diagnostic Classification: A contribution to the Validation of This Classification from a Sample of 85 Under-Threes” “A Five-Year Israeli Experience with the DC: 0-3 Classification System” “Diagnostic Classification: Results from a Clinical Experience of Three Years with DC: 0-3” “Diagnostic Boundaries Between Regulatory and Multisystem Developmental Disorders: A Clinical Study” “The Zero-to-Three Diagnostic Classification in an Infant Mental Health Clinic: Its Usefulness and Challenges” “Exploring

Psychopathology in Early Childhood: PTSD and Attachment Disorders in DC: 0-3 and DSM-IV” “DC: 0-3 Assessment Protocol Project: Defining a Comprehensive Information Set to Support DC: 0-3 Diagnostic Formulation” “DC: 0-3 in Pediatric Liaison Work with Early Eating Behavior Disorders” “Commentary: The Cup is Half Full: Initial Clinical Trials of DC: 0-3 and a Recommendation for Revision”

Articles in Sept.-Oct. 2003: “The Role of Attachment Security, Temperament, Maternal Perception, and Care-Giving Behavior in Persistent Infant Sleeping Problems.” “The Effects of Traumatic Experiences on the Infant—Mother Relationship in the Former War Zones of Central Mozambique: The Case of *Madzawde* in Gorongosa.” “Mother—Infant Behavioral Interactions in Teenage and Adult Mothers During the First Six Months Postpartum: Relations with Infant Development.”

Articles in Nov. – Dec. 2003: “Imbalances in the Knowledge About Infancy: The Divide Between Rich and Poor Countries.” “The Relationship of Mother—Child Interaction and the Child’s Development of Symbolic Play.” “A Challenging Intervention with Maternal Anxiety: Babies Requiring Surgical Correction of a Congenital Anomaly After Missed Prenatal Diagnosis.”

Performance Improvement: International Society for Performance Improvement . April 2003 through March 2004

Articles in Volume 42, No. 4, April 2003: “Improving Knowledge Worker Performance,” “The Performance Improvement Dilemma,” “Applying Human Performance Technology While Staying Out of Trouble,” “Seven Performance Drivers,” “Aligning Performance Evaluation With Professional Development, and Vice Versa,” “Instructional Design for Learning to Troubleshoot.”

Articles in Volume 42, No. 6, July 2003: “Debunking Conventional Wisdom: Selecting Methods and Processes That Add Value,” “Learning From History: Chronicling the Emergence of Human Performance Technology,” “Eight Minutes to Performance Improvement,” “Interviewing to Analyze and Assess Performance Improvement Initiatives,” “Keeping Just-in-Time from Being Way-Too-Late or Way-Too-Little.”

Articles in Volume 42, Number 7, August 2003: “Evaluation Plus: Beyond Conventional Evaluation,” “A Process for Aligning Performance Improvement Resources and Strategies,” “From a Training Request to Performance Consulting,” “Protocol-Based Instructional Design: A Longitudinal Case Study,” “The Harmonics of Usability: A Trio of Implications for Software Interface Design.”

Articles in Volume 42, No. 8, September 2003: “Measurement and Evaluation in Performance Improvement in International Reproductive Health.” “Refining Performance Improvement Tools and Methods: Lessons and Challenges.” “Performance-Based Contracting With NGOs in Haiti.” “Enhancing Facility-Based Care in the Eastern Cape: Performance-Focused Approach Improves Clinic Services.” “The Future of Performance Improvement in International Health.” “Turning Knowledge Into Power and Productivity.” “Sharing Knowledge Through Mentoring.” “A Dutch Perspective on Performance Technology.”

Articles in Volume 42, No. 9, October 2003: “Should We Conduct Cause Analysis or Change-of-State Analysis?” “7 Steps for Linking Performance Improvement Initiatives to Corporate Strategies,” “Succession Planning: How Seven Organizations Are Creating Future Leaders,” “Transitioning Learning From Brick and Mortar to OJT,” “The Performance Improvement Multiplier.”

Articles in Volume 42, Number 10, November/December 2003: “Conflict as a Virtue,” “Measuring HPT Interventions: The Dilemma, Challenges, and Solutions,” “Asking and Answering the Right Questions: Collecting Useful and Relevant Data,” “Structuring Strategic Conversations Around Work Design and performance,” “Implementing Knowledge Management: The KM Grid,” “360 degree Assessments—Where Do I Start?”

Articles in Volume 43, Number 1, January 2004: “Emerging Dimensions of Needs Assessment,” “Scenario-Based E-Learning Design,” “Preparing Instructors for Synchronous E-Learning Facilitation,” “A Little DOPSS Will Do You: A New Approach to Training, Knowledge Management, and Problem Solving,” “Evaluating Performance Improvement.”

Articles in Volume 43, No. 2, February 2004: “Sales Improvement in a Global Enterprise Through HPT.” “HPT and Business Process Management.” “Stewardship.” “Negotiating and Maintaining the Spirit of a Partnership.” “NonStop University: Characteristics of a Global Learning Community.” “Looking in the Mirror: Performance Improvement for Performance Improvers.” “Saving the World with HPT: Expanding Beyond the Workplace and Beyond the ‘Business Case’.”

Articles in Volume 43, Number 3, March 2004: “Sense and Nonsense in HPT,” “The Odd Couple: From OD and HPT to High-Performance Consulting,” “Performance Improvement Dilemmas in South Africa,” “Know Your Client’s Business,” “Winning Every Time: Six Ways to Make Large-Scale Performance Interventions Succeed,” “Systems, Nontrivial Machines, Circular Causality, and Other Ghosts Haunting Performance Improvement Technology.”

Zero To Three. Bulletin of Zero to Three: National Center for Infants, Toddlers, and Families

Issues from April/May 2002 through present.

Agents of Change in Foster Care. Articles in April/May 2002 Vol. 22 No. 5: “Ambiguous Outcomes, Imperfect Tools: Challenges in Intervention with Young Children in Foster Care and Their Families.” “Attachment and Biobehavioral Catch-Up: The ABC’s of Helping Foster Infants Cope with Early Adversity.” “Babies in Foster Care: The Numbers Call for Attention.” “Treating Infant-Parent Relationships in the Context of Maltreatment: Repairing Ruptures of Trust.” “Sharing Child Development Expertise in Court: Respect, Rules and Roles.” “Building a Pathway of Well-Being: The Story of the Healthy Development Checklist for children in Foster Care.” “Providing Mental Health Services to Young Children in Foster Care: A Family-by-Family, Moment-by-Moment Approach to Change.” “Working Toward Relationship-Based Child Welfare Practice: The SEED Model After 5 years.” “The Accidental Advocate: Moving From Individual Case Advocacy to System Change.” “Play and Learn at Our Place.” “Intervening with Young Children in Foster Care: Using Countertransference Reactions to Facilitate the Therapeutic Process.”

Perinatal Mental Health: Supporting New Families Through Vulnerability and Change. Articles in June/July 2002, Vol. 22 No. 6: “Parental Preoccupation and Perinatal Mental Health.” “Keeping the Baby in Mind: A Critical Factor in Perinatal Mental Health.” “Postpartum Mood Changes: Are Hormones to Blame?” “Harris Programs in Perinatal Mental Health at the Yale Child Study Center.” “Early Connections: Mother-Infant Psychotherapy in Support of Perinatal Mental Health.” “Treating Maternal and Postpartum Depression: the Missing Link in an Early Childhood Mental Health Program.” “Maternal Mental Health: Early Identification in a Hospital-Based Multidisciplinary Setting.” “The First Year Program: Developing the Earliest Relationship.” “Infant Mental Health in a Healthy Families Home Visiting Program.” “Perinatal Mental Health in Shasta County, California.” “Remembrance: Al Solnit.”

The Musical Lives of Babies and Families. Articles in September 2002 Vol. 23 No. 1: “The Musical Lives of Young Children: Inviting, Seeking, and Initiating.” “Musicality and Music Before Three: Human Vitality And Invention Shared with Pride.” “Mothers are Musical Mentors.” Music Therapy in the NICU: Promoting the Growth and Development of Premature Infants.” “Lullabies and Playsongs: Why Sing to Children.” “Music in the Time of Toddlers.” “From Mozart to Motown, Lullabies to Love Songs: A Preliminary Report on Parents’ Use of Music With Infants Survey (PUMIS).” “The Toddler Top 40: Musical Preferences of Babies, Toddlers, and their Parents.” “Musical Resources for Children.”

Paraprofessionals in Infant/Family Practice. Articles in November 2002 Vol. 23 No. 2: “The Professional Development of Paraprofessionals.” “Becoming a Doula.” “Benefits and Challenges of Paraprofessional Advocacy With Mothers Who Abuse Alcohol and Drugs and Their Children.” “The Helping Relationship in a Teen Parenting Program.” “The Chicago Health Connection’s Teen Peer Leader Program: Helping Adolescent Mothers Tell the World About Breastfeeding.” “Extended Care: Family Child Care, Family Support, and Community Development in Low-Income Neighborhoods.”

The Impact of Adult Relationships on Early Development. Articles in January 2003 Vol. 23 No. 3: “For Better or for Worse: An Ecological Perspective on Parents’ Relationships and Parent-Infant Interaction.” “Marriage: A Luxury Good?” “Very Young Children in Lesbian- and Gay-Headed Families: Moving Beyond Acceptance.” “Kinscription: Mothers Keeping Fathers Connected to Children.” “Caregiving Systems for Separated and Divorcing Parents.” “Parenting Together After Divorce: Navigating the Winds of Change.”

Partnerships for Quality Infant-Toddler Child Care. Articles in March 2003 Vol. 23 No. 4: “Quality Child Care for Infants and Toddlers from Families with Low Incomes: Lessons Learned from three Communities.” “The Community Consolidated Child Care Pilot Services Program, El Paso County, Colorado.” “Kansas and Missouri Early Head Start Programs: Kansas City, Kansas, and Sedalia, Missouri.” “Mountain Area Child and Family Centers, Buncombe County, North Carolina.” “Parent Perspectives.” “Time to Care: Redesigning Child Care.” “Promoting Mental Health in Child Care Settings: Caring for the Whole Child.”

Evaluating Infant-Family Programs. Articles in July 2003 Vol. 23 No. 6: “Evaluating Programs That Serve Infants and Families: The Quest for Quality.” “Evaluating Early Childhood Programs: Improving Quality and Informing Policy.” “Enhancing the Quality of Relationships in Infant-Toddler Child Care: A Developmental Process.” “Project Connect: Seeing the Forest and the Trees.” “Incorporating Principles of Family-Centered Practice in Early Intervention Program Evaluation.” “Collaborative Program Evaluation: Hawaii’s Experience With Early Intervention Services.” “Parents Keep Our Eyes on the Prize: Monitoring Early Intervention in Massachusetts.” “California’s Proposition 10 and Local Evaluation: A County-Level Report From the Field.” “Every Child Counts: Creating a Community Holding Environment for Families With Young Children.” “Evaluating the Impact of Infant and Early Childhood Mental Health Training on Community Agencies.” “From Program Evaluation to Persuasive Reports.” “Evidence-Based Program Evaluation: A Guide for Agencies to Self-Assess Their Practices and Policies.”

Celebrating 25 Years of Working with Infants, Toddlers, and Families. Articles in September 2003, Vol. 24, No. 1: “Hope is a Baby.” “Infant and Early Childhood Mental Health: A Comprehensive Developmental Approach to Assessment and Intervention.” “A Quarter-Century of the Transactional Model: How Have Things Changed?” “Thirty Years in Infant Mental Health.” “Infant-Toddler childcare in the United States: Where Has It Been? Where is It Now? Where Is It Going?” “Preparing Infant-Family Practitioners: A Work in Progress.” “A View of Early Childhood Development.” “The Idea Behind IDEA: Creating, Shaping, and Refining Early Intervention Legislation.” “The Promise of Parents as Advocates.”

New Perspectives on Premature Babies and Their Families. Articles from November 2003, Vol. 24, No. 2: “New Perspectives on Premature Infants and Their Parents.” “Relationships Between Preterm Infants and Their Parents: Disruption and Development.” “Collaborative Decision Making in the NICU: When Life is Uncertain, Satisfice.” “Is There Any Such thing as a Low-Risk Premie.” “Family Perspectives on Prematurity.” “Special Start: A Collaborative Project Designed to Support Premature Babies and Their Families.”



RESOURCE GUIDES, TRAINING MATERIALS, TRAINING RESOURCES, PUBLICATIONS ON HOME VISITING.

Audiovisual Resources For Family Programming. Barbara Jordan and Noreen Stackpole. Neal Schuman Publishers. 1995.

A source book for those looking for audiovisuals on topics related to family life and family well-being. The Family Education Audiovisual Directory includes annotated descriptions and source information for more than 1,700 non-print items on topics of interest to parents, parent educators, social workers, school and community groups, and librarians developing collections of family resources. The listings are primarily of videotapes but also include games, kits, audio cassettes, and workshop and program curricula. A variety of issues and topics are included such as: child development, child rearing, parenting skills, family challenges (from death, divorce, adoption, substance abuse, foster care, blended family living, to the struggles with balancing work and family life), decision making, anger and conflict management...plus more. 437 pp.

Building Baby’s Brain Power. Noreen Darragh Lantry, RN and Katherine Hummel, L.C.S.W., MSW, Beta Center, Inc.

This is a spiral-bound stand-up flip page calendar book of 365 One-Minute Brain Stimulating Activities for Baby’s First Years. Brain Power is the baby building brain connections that will make your baby smarter, happier and healthier. In the pages of the special calendar, you will discover easy ways to connect with your baby. 410 pp.

Building Early Childhood Systems: A Resource Handbook. Jule M. Sugarman. Child Welfare League of America, Inc. Washington D.C., 1991.

This handbook is divided into four parts. Part 1 presents a vision of an early childhood system. It touches on ideal characteristics of an early childhood system compared to the present state of programs. Part 2 describes new laws and funding for states and explains what a state needs to do to receive money. Part 3 explains how states and communities can begin to build a set of systems in which programs can work together. Part 4 presents some practical examples of how local programs can work together. Appendices explain and detail what laws actually say, how tax credits work. 112 pp.

Developing Individual Family Support Plans: A Training Manual. Tess Bennett, Barbara V. Lingerfelt and Donna E. Nelson Brookline Books. Cambridge, MA. 1990.

The training manual is designed as a guideline for group training or for self study. It stresses the (IFSP) Individualized Family Support Plan, which includes information about family needs, strengths and resources. A few sections of this manual include: - Working with families - Needs and Aspirations - Strengths and Capabilities - Support and Resources - Writing family support plans. 185 pp.
Family Resource Coalition, 200 S. Michigan, Ste 1520, Chicago, IL 60604
312-341-0900, 312-341-9361

The Developmental Milestones: Newborn to 5 yrs old

A packet of checklists to serve as a guideline to early child development for Family Support Workers. 41 pp.

Curriculum: Domestic Violence: A National Curriculum for Family Preservation Practitioners. Susan Schechter, Anne Ganley, Janet Carter, produced by The Family Violence Prevention Fund. 1995.

This spiral-bound curriculum was produced by the Family Violence Prevention Fund in collaboration with the Families First program of the Michigan Department of Social Services, the Michigan Domestic Violence Prevention and Treatment Board, the HOMEBUILDER'S program of the Behavioral Sciences Institute in Seattle, and the Washington State Coalition Against Domestic Violence. The documented relationship between child abuse and domestic violence, and the devastating effects of this violence on children and on effective parenting, make it crucial for the fields of domestic violence and family preservation to work collaboratively. The work being done in Michigan provides an excellent model for collaborative efforts. As demonstrated in Michigan, providing family preservation practitioners with education on domestic violence is only one component of successful collaboration. This curriculum was developed in an effort to assist family preservation programs to provide this training, while at the same time developing collaborative mechanisms between family preservation and domestic violence programs that are based on a thorough understanding of domestic violence.

Compendium of Resource Materials: Fetal Alcohol Syndrome. Margo B. Matzdorf, OASAS, Women, Children, and Family Services Unit, Laura Perry, OASAS Bureau of Communications and Community Relations, & April L. Dominguez-Wilson, Center for Women in Government Fellow. June, 2000. Updated June 2004.

A resource guide produced by the New York State Office of Alcoholism and Substance Abuse Services (OASAS) in an effort to provide up-to-date information and education. Contains fact sheets about fetal alcohol syndrome, common myths, information about intervention and prevention, screening and treatment for children with FAS, and extensive resource and reference materials.
Women's Services & Resources Committee, 1450 Western Avenue, Albany, NY 12203-3526
www.oasas.state.ny.us

Guide for Operating A Home-Based Child Development Program. US Department of Health and Human Services.

Home-based child development programs function on the concept that parents can be the most influential educators and developers of their own children. These programs have helped parents to provide for their children, in their own homes, many of the same developmental activities and support services that the children would receive if they were attending a child development center. This Manual discusses planning and implementation, informing the community, recruiting and selecting home visitors and program operations, among other things. Approx 100 pp.

Grow a Baby's Brain...Change the World. Kevin Karpowicz, MD.

This research work is an examination of how children develop emotionally, how this correlates with the actual structure and function of the brain and how stress at different times in a child's life will impact both

the emotional development and brain development. Presented is a synthesis of some of the research that has been done in this area, followed by an examination of the effects of day care and foster care upon brain development, as well as the specific roles of the family and the community in children's development. In the end, he presents an approach in which this information can be put to effective use to, change the world. His goal is to present information that will be able to assist all who work with the disadvantaged to show that there is escape from the cycle. The escape is found in understanding how each child can reach their greatest potential and how as a community we can all play a role in the realization of the dream. 151 pp.

***Tips for Growing Your Baby's Brain, Kevin Karpowicz, MD.**

A separate loose leaf compendium of Tips that can be followed by parents to ensure a healthy baby. Tips include: Avoid Alcohol and Tobacco, Pay Attention to Stress, Breastfeed Your Baby, etc.

Hawaii Developmental Charts, Based on the original Hawaii Early Learning Profile, by Setsu Furuno, Katherine O'Reilly, Takayo Inatsuka, Carol Hosak, and Barbara Zeisloft Falbey, 1993

Fold-out graphic charts covering language, cognitive, social, self help, fine motor and gross motor skills. Time line is 0 to 12 months.

Head Start Bureau – Comprehensive Child Development Program: A National Family Support Demonstration. First Annual Report, 1991.

The Comprehensive Child Development Program was developed as an alternative approach to traditional human services delivery. Specifically, CCDP: involves the whole family and the whole community in program planning and implementation; establishes a system of networks characterized by peer and staff support; focuses on optimizing child growth and preparing children for later school experiences; prepares parents as significant change agents in their children's development and in their own development; services as a catalyst for connecting various community and public programs and agencies that deliver specific services; builds upon each family's strengths rather than serving only as a remedy for weaknesses; intervenes early in the life of a child and family and provides continual supports over a sustained period of time; and assists families in meeting goals by working with them to establish relevant and viable paths and a roadmap for progressing along these paths.

(The) Head Start Home Visitor Handbook -- Building a Home-Based Program. U.S. Dept of Health and Human Services.

This handbook was developed to help the home visitor build an effective home-based program for Head Start children and their families. It is intended to serve as a blueprint for parent-focused home visits that assist the child and family to meet their full potential. The information in the handbook reflects 70 years of combined experience from the seven HSTCs and countless years accumulated by the many contributing Head Start home-based programs.

Healthy Start, Report of the Sixteenth Legislature, State of Hawaii, prepared by the Department of Health (Hawaii). 1992.

The problem of child abuse and neglect has a dramatic impact on the lives of adults in the future. The major goals of Healthy Start are to enhance child development, promote positive parenting, enhance parent-child interaction, assure that families have a medical home, assure appropriate use of community resources and prevent child abuse and neglect. Program services include the early identification of families at risk, community based home visiting and interventional services, linkage to primary health care services and a medical home, and coordination and referral to community resources. Based on the findings of this report, the Hawaii Department of Health recommends that: basic Healthy Start program services be continued and expanded to screen 90% of the families with newborns; basic Healthy Start family support be provided either until age 5 or adequate child care or preschool services are available; access to adequate high quality child care services be available to all families in Hawaii; and access to preschool for 3 yr olds be available to all families in Hawaii. (2 copies)

Healthy Start Training Manual. The Hawaii Family Stress Center, Honolulu, Hawaii. 1994.

Healthy Start is a statewide home intervention program designed to support families in times of stress to avert potential abuse and/or neglect. This Manual gives background and theoretical basis for the program, describes the Early Identification and Family Support Home Visiting Programs, Program Management, and Major Issues in the Development of a Healthy Start Program.

Home-Based Services for Children at Risk of Abuse and Neglect, A Report on the Paraprofessional. Joseph G. Moore, MSW, Director of Children at Risk Project, National Home Caring Council, 1986.

There is growing interest in the potential of home-based services to strengthen the family as a means of preventing child abuse and neglect. The work of the professional team with these troubled families has been enhanced and supported by the services of the paraprofessional. The paraprofessional has been instrumental in helping real or potentially abusive parents learn new and effective ways to childrearing, childcare, and constructive measures for coping with their stresses and anger. 62 pp.

Home Visiting Programs in Virginia Serving Children 0-5. Developed by Prevent Child Abuse, Virginia with Jane Riley Peterson. 1995.

This compendium focuses on primary prevention programs that provide home services. They provide prenatal and/or postnatal services in homes with a child between 0-5 yrs. The compendium presents information on those structural program components identified as essential to the development of efficient and community responsive primary prevention programs providing home-visiting services.

Know Your Community: A Step-by-Step Guide to Community Needs and Resources Assessment. Nilofer Ahsan, Jill Garcia, Bryan Samuels. Family Resource Coalition. Chicago, 1995.

A practical user-friendly guide for program planners, administrators, and managers, that walks through the process of getting important information about your community to assemble a complete view of your community's needs and resources, to ensure that your programs and services will work, and to periodically evaluate your progress. This strength-based, hands-on guide leads you through the process of identifying each community asset, in a five-part process: Establishing a community planning team, Defining community boundaries, Developing a statistical profile, Assessing needs from residents' perspectives, Identifying assets and resources. Includes computer disks (Mac or DOS) to customize worksheets and charts.

*Family Resource Coalition, 200 South Michigan Ave, 16th Floor, Chicago, IL 60604
312-341-0900, 312-341-9361*

Mothering the New Mother: Postpartum Resource Companion. Sally Placksin. Newmarket Press. New York. 1994.

This is a source book to help new mothers find an extra pair of hands, a wise role model, and the most up-to-date information on: the early weeks at home, definition of postpartum, and how long it lasts, breast feeding, how to ask for help, how to stay connected outside and inside the home. It also includes going back to work options, how other moms adjust, and more than 150 mother-centered support programs. 307 pp. (Useful for staff training, in-services, ideas for home visitors to use with parents)

*Ali Kokman, Sales Department, Newmarket Press, 18 East 48th Street, New York, NY 10017
800-669-3903, 212-832-3629*

Parent Support Group Leader: Training Manual. Joan E. LeFebvre, Linda Boelter, Cindy Clark-Eriksen, Gail Huycke, Jeanette Rantala, University of Wisconsin Cooperative Extension. 1996.

A manual for parent support group leader training. This manual is divided into seven sections covering rationale, recruitment, training, supervising, evaluation, supplies, and marketing. A computer disk is also included with the manual that provides files on a number of items such as: Parent Support Group Leader Job Description, and application form, release form, and many other necessary forms. 192 pp.

Parenting: An Annotated Bibliography 1965-1987. Sandra Feinberg, Barbara Jordon, and Michele Lauer-Bader. The Scarecrow Press, Inc. Metuchen, NJ. 1995.

This annotated bibliography on parenting resources is designed to assist parents and those who work with them locate books on the many topics that have an impact on family life. The materials listed encompass the various stages of parenting, from pregnancy and childbirth through the parenting of adult children, e.g. topics such as: prenatal care, child development, recreation, health and safety, education, child rearing and parenting techniques, mental and physical disabilities, and working parents, etc. This bibliography of books published from 1965 to 1987, is meant to serve as a comprehensive rather than a selective list and includes books both in and out of print. 800 pp.

Pediatric Institute of Johnson & Johnson

10 high-quality resource booklets covering the following topics:

Amazing Talents of Your Newborn; Taking Your Baby Home; Your Baby's Emotions, A Parent's Guide; You and Your Body After Childbirth; The Importance Of Touch; Early Experiences And Your Baby's Development; Growing Together, 0 to 3 Months; Growing Together, 3 to 6 Months; Growing Together, 6 to 9 Months; and Growing Together, 9 to 12 Months. Each of these booklets is approximately 20 pp.

3 high-quality resource booklets for the healthcare professional:

Optimizing Infant Development; Touch In Labor And Infancy: Clinical Implications; and Amazing Talents Of The Newborn, Emerging Perspectives In Perinatal Care.

Programs to Strengthen Families. Kathryn Goetz, Ed., Family Resource Coalition. Chicago. 1992.

Describes the current status of family resource programs in the United States and Canada through program examples: Programs which provide collaborative and comprehensive services; Programs that began as partnerships between schools and families; Programs to support and strengthen families; Incorporating a family support component into an organization; State initiatives. 193 pp.

*Family Resource Coalition, 200 S. Michigan, Ste 1520, Chicago, IL 60604
312-341-0900, 312-341-9361*

Serving Families with Limited Resources: Second Edition. Cornell Cooperative Extension Regional Human Development Program. 1993.

A selective directory of accessible materials for parent educators who are striving to meet the needs of parents challenged by limited personal resources. This directory is broken down into 18 sections, including sections on child development of infants, toddlers, preschoolers and school-age children. There are also sections on discipline, health, and safety, prevention of child abuse and neglect, prevention of developmental disabilities, and others. Also included is a New York State directory includes Parent Resource Centers and Organizations that serve as support for educators. 34 pp.

Starting and Operating Support Groups. Family Resource Coalition, Chicago.

A guide for parent groups. A support group is a group of people with a common life situation or set of challenges, meeting together to help themselves by sharing their experiences, ideas, frustrations, successes, and hopes. 20 pp.

*Family Resource Coalition, 200 S. Michigan, Ste 152, Chicago, IL 60604
312-341-0900, 312-341-9361*

Starting Points: Meeting the Needs of Our Youngest Children. Carnegie Task Force on Meeting the Needs of Young Children Carnegie Corporation of New York. 1994.

A report that outlines what is known about the requirements for optimal development during the first three years of life. Considers the ways in which society might reverse the deteriorating trends and describes the necessary conditions for families to function well concerning the interests of their young children. This report covers the crisis of neglect, promoting responsible parenthood, making child care choices, ensuring good health and protection, mobilizing communities to support young children and their families, and recommendations for action. 112 pp.

Systematic Training for Effective Parenting (STEP). Don Dinkmeyer, Ph.D. and Gary D. McKay, Ph.D. American Guidance Service. Circle Pines, Minn. 1982.

(The NYS Home Visiting Resource Center copy of the STEP curriculum is an early version with audio cassettes only.) A nine-session group parenting program for parents of young children (e.g., grade school age). Topics include understanding children's behavior, encouragement, communications (listening and expressing your ideas), discipline (natural and logical consequences), and the family meeting. STEP kit includes a leader's manual, participant's handbook (order additional for each participant), 5 audio or 2 video cassettes, Substance Abuse Prevention booklet, poster and publicity packet. Also available: STEPTeen for parents of adolescents. \$285 or \$145 / \$14.

*American Guidance Service, 4201 Woodland Road, PO Box 99, Circle Pines, MN 55014.
800-328-2560*

The Role of Home Visiting in Preventing Child Abuse: An Evaluation of the Hawaii Healthy Start Program. Deborah Daro, Ph.D., Karen McCurdy, Ph.D., Kathryn Harding, M.A., the National Committee to Prevent Child Abuse. 1998.

Research indicates that adults who were abused as children often continue the cycle by abusing their own children. Today, we recognize that children have rights, and society works hard to intervene when children are abused or neglected. But intervention is costly. The most cost-effective, successful, and sensible approach to protecting children is to stop abuse before abuse ever starts. And home visiting is an excellent strategy to achieve this objective. The National Committee to Prevent Child Abuse with support from the US Department of Health and Human Services conducted a three-year evaluation of Hawaii's Healthy Start program. This program has received considerable attention as an effective means of preventing child maltreatment. It offers voluntary services to all parents of newborns who display risk as indicated by various stress factors related to child maltreatment. The experiences of Hawaii's Healthy Start program have been instrumental in the development of the now national Healthy Families America initiative. 61 pp.

Words for the Future, Creando el Futuro, National Latino Children's Institute, Austin, TX . 2000
Early Childhood Public Education Kit – Latino Children's Agenda in Action. Spanish and English.

The purpose of Words for the Future is to provide Latino families with vital information concerning brain development in the first three years of life. It uses the strengths of the Latino culture and innovative outreach strategies. The words of the future will be words that build children's capacity to strengthen communities, build healthy economies, establish peaceful bonds among nations and protect the environment. This kit contains a Community Coordinator's Handbook, CD, poster, activity sheets, Spanish phrase post-it notes and a packet of story pages as the "words of the future." Everything is bundled in an attractive cardboard box.

Words To Grow By: 0 to 3 Years and Words to Grow By: 3 to 5 Years. Produced by Erin C. Dyer,
speech/language pathologist (See VIDEO Tapes)

Years of Promise – A Comprehensive Learning Strategy for America's Children. Carnegie Corporation of
New York. 1996.

Carnegie Corporation has made an effort to advance the nation's understanding of child and adolescent development and to foster positive outcomes for children and youth in the face of drastic changes in the American family and society. For most children, the long-term success of their learning and development depends partially on what happens to them during the years of promise, 3 to 10. This is the final report of a special Task Force and a culmination of the Corporation's special initiatives in the field of children and youth. It covers the entire spectrum of early life, from before birth to age 15, and form the basis of a cohesive strategy for ensuring the optimal learning and development of all the nation's children and youth. He measures advocated would greatly enhance learning, health, and human relationships among the young and would have powerful beneficial social and economic impacts.

VARIOUS BOOKLETS/LEAFLETS/HANDOUTS



Prevent Child Abuse America:

- *Helping Your Child Grow – from Birth to Adolescence (2001)*
- *Feeling Better After Giving Birth – Dealing with Postpartum Depression (2001)*
- *Child Discipline: Guidelines for Parents by Gary May (1979)*
- *Growth and Development Through Parenting by Elizabeth Elmer (1994)*
- *Getting New Parents Off to a Good Start by Ann Wilson (1988)*
- *Welcome to Motherhood (1995)*
- *What Every Parent Should Know by Thomas Gordon (1987)*
- *Great Beginnings with Your Baby (in Spanish and English -- 1997)*
- *Terrific Toddlers (Who ever said that two-year-olds were terrible?) by Penelope Leach (2000)*
- *Great Beginnings with Your Baby (1997)*
- *Un Gran Comienzo Para Su Bebe (1997)*
- *Great Beginnings with Your Baby – a guide for teen parents by R. K. (Kim) Oates, M.D. (2000)*

Channing L. Bete Co.:

- *Preventing Shaken Baby Syndrome (1998)*
- *Family Violence – When there's trouble at Home (1998)*
- *Family Violence Hurts Children – Help stop the pain (1997)*
- *Stress and Parenting – What you should know (1998)*
- *Your Child's Development from Birth to 3 (1999)*

Prevent Child Abuse New York (National Committee to Prevent Child Abuse NYS):

- *Parents and Stress (1989)*
- *Terrific Toddlers (Who ever said that two-year-olds were terrible?) by Penelope Leach (1998)*
- *Keeping Your Cool When Your Young Child Cries (1994)*
- *Having a Baby: A Family Guide to Pregnancy*
- *Welcome to Parenthood: A Family Guide*

Johnson & Johnson Pediatric Institute

- *The Power of Touch in Labor and Infancy (1998)*
- *A Family-Centered Approach to Optimizing Infant Development*
- *Family Money Basics – Achieving Financial Well-Being (American Humane Assoc. 2000)*
- *Having a Baby – A Family Guide to Pregnancy (NYS Dept of Health & Citizens Task Force on Child Abuse and Neglect 1994)*
- *The First Years Last Forever – I am your child, The New Brain Research and Your Child's Healthy Development (AT&T Families and Work Institute)*
- *Teen Mothers, Fathers, and Their Infants: Promoting Attachment and Mutual Growth – The Community-Based Family Administered Neonatal Activities for The Ounce of Prevention Fund by Ida Cardone, Linda Gilkerson and Nick Wechsler*
- *Promoting Family Strengths Through Supervision by Nick Wechsler*
- *Keeping Youth Drug Free: A Guide for Parents, Grandparents, Elders, Mentors, and Other Caregivers (US Department of Health and Human Services)*
- *From Day One Baby Knows (New Mexico Department of Health 1997)*
- *Day Two A Toddler's World & You (New Mexico Department of Health)*
- *The New York State CASA Association, INC Annual Report 1997-1998*
- *Di "No!" Como Proteger a los Ninos Contra el Abuso Sexual (La Oficina de Servicios para Ninos y Familias del Estado de Nueva York)*

VIDEOS



Alternatives to Spanking: part II. I'm Only Doing This For Your Own Good.

Lo Hago Por Su Bien. (English and **Spanish** copies available)

Shows realistic situations in which parents often use physical discipline on young children. Designed for discussion in a group. Shows various non-violent alternatives for each situation. 40 min.

Family Development Resources, Inc. 3160 Pinebrook Rd. Park City, UT 84098 800-688-5822

Amazing Talents of the Newborn: A video guide for Healthcare Professionals and Parents.

An overview of the various capabilities of newborns. Extremely helpful for staff and of interest to new parents as well. This outstanding video broadens our concept of what an infant is. Will help parents to become appreciative, observant, and excited about new babies. Narrated by Dr. Marshall Klaus. 30 min.

Johnson and Johnson Pediatric Institute. 877-jnj-link.

All About Babies: 4-12 Months, Reaching Out.

One of a series of five tapes showing parents with babies in a homey setting. Parents chat with a pediatrician, physical therapist or other child development professional who explains about the baby's needs, behavior and capabilities. Parents are asked about their feelings and ideas, so that interaction between parents and babies and between parents and professionals is integrated and modeled throughout. Minority families and babies are truly a minority in the series. Minority professionals are not there. Where footage is shot outdoors, the setting is lush country or suburbs, no urban scenes. All of the tapes are very positive without being sappy or unrealistic. The language used is a bit technical, but the narrator carefully defines key concepts (e.g., emotional threshold, neurological maturity, autonomy). Information presented makes a great "springboard" for discussion once the tape is turned off. Recommended for staff development. Inappropriate for some families but useful for others: for use with parents, FSW's should use discretion, be aware of family members' educational levels, comfort with English, etc.

*Churchill Media Churchill Media 6901 Woodley Avenue, Van Nuys CA 91046
800-334-7830, 818-778-1994*

Baby Basics.

A comprehensive program on infant development and care, presenting practical information about newborns in the context of developing families. Eight video chapters deal with: the Newborn at Birth,

First Days at Home, Daily Care, Feeding, Health and Safety, Crying, Sleeping, and Growth and Development. (2 hours)

Vida Health Communications PO Box 365 Wayne, NJ 07470 617-864-4334

Back to Sleep Make a Difference: Help Reduce the Risk of SIDS. National Institute of Child Health and Human Development for the Back to Sleep Campaign, 1999.

A brief yet thorough introduction to SIDS and prevention of SIDS. 2 min.

Medical Arts and Photography Branch, Video Unit, ORS National Institutes of Health, Bethesda, Maryland 20892 800-505-CRIB (2742)

Begin With Love The First Three Months: Connecting with Your Child with Oprah Winfrey. Civitas Initiative, 2000.

A brief introduction to the importance of the first three months after birth. Shows diverse families, sends clear messages. Establishes primary objectives for parents and their very young infants (zero to three months). 30 min.

<www.civitas.org>

Best Beginnings.

An overview of the NYS Home Visiting Program that is based at Alianza Dominicana: workers, parents and others talking about how the program works and what it means to them. A high quality production that gives a good explanation, not only of Best Beginnings, but also of this home visiting approach in general. Good for public information and introduction to the home visiting model.

Best Beginnings, NSYPCC, New York Society for Prevention of Cruelty to Children, 161 William St., NYC 212-233-5500

The Brain: Our Universe Within

Discovery Channel, includes three videotapes:

Evolution and Perception. As the brain evolved, the neocortex wrapped around our “reptilian brain,” giving us abstract thought. How do different parts of the brain control different functions? How do our senses break down the information they receive and transmit it through a variety of pathways to the “mind’s eye”? Why is each person’s “reality” different? New imaging techniques reveal an extraordinary new view of the brain. 90 minutes.

Matter Over Mind. Consciousness, creativity, the emotions, our sense of self. Could these all be the result of biochemistry? Science is creating new theories of consciousness as it zeros in on a single neurotransmitter—serotonin—which may play a central role in the visions brought on by meditation, sleep deprivation and psychedelic drugs. New serotonin-based drugs are raising hope for the mentally ill, and ethical quandaries for the medical community. 90 minutes.

Memory and Renewal. How does the brain think, remember, and even regenerate itself? The heart-rending true stories of people who have suffered catastrophic brain damage offer tantalizing clues. Case studies of brains reveal the intricacies of memory and remarkable functioning abilities despite substantial loss. Researchers hope to benefit not only victims of disease but also to improve the memory and thought of healthy people. 90 minutes.

Discovery Channel Video, a production of NHK/NHK Creative, Inc., and Discovery Productions.

Crying. . . What Can I Do? (Never Shake a Baby)

Authoritative, basic discussion about the dangers of shaking babies. Shows various strategies for coping with crying infants, with a mix of ethnic families and fathers as well as mothers. 7 min.

Pueblo City- County Health Department, Distribution Center, 800-858-5222, 614-836-8359

Early Parent-Infant Relationships. March of Dimes

This is an excellent tape about newborns for program use. It is very specific and shows a nice mix of babies of different ethnicities. It also includes the useful technique of containment for consoling babies. For each topic area the film compares full-term and pre-term babies. Topics covered include: visual responses, auditory responses, infant states, cuddliness, consolability, motor activity, irritability, readability, engagement and disengagement cues, stress and sensory overload, state modulation, and tips for teaching parents. Very suitable for staff training, it could also be used with many parents. Staff can learn a lot about newborns and about how to transmit this information to parents from this tape.

March of Dimes March of Dimes Fulfillment Center 800-367-6630, 717-825-1987

Fearful, Flexible, and Feisty.

A staff training video, not really a parent-education piece, though it could be used in a parents group. The focus is infant temperament: the different personality types with which children seem to be born. Child care providers are the intended audience for the video. The purpose is to help them understand and identify the various temperaments and to help them learn to use different strategies with different children, depending on the child's temperament. The footage alternates between a psychologist giving factual and background information about temperament and documentary footage shot in day care facilities with voice-over to direct the viewers attention to behavior and responses of particular children. Specific suggestions for interacting with children of the three main temperament types and for meeting their needs are modeled by the caregivers and described behaviorally in voice-over. The video includes children and care givers from a variety of ethnic groups. Useful at the program level for staff to review and discuss. Information about temperament is important for home visiting staff to incorporate, as it can help parents to understand infants and toddlers, to appreciate them for who they are, and to adapt and develop strategies for coping, which fit the individual child.

*California Department of Education, California State Department of Education, Bureau of Publications Sales Unit, PO Box 271, Sacramento, CA 95802
916-445-1260, 916-323-0823*

Fetal Alcohol Syndrome. Third Thursday Breakfast Broadcast, October 19, 2000.

This featured discussion on a morning talk show funded by numerous state agencies is entirely appropriate for staff education. FAS provides heavy subject matter as many aspects are approached from challenges faced by an individual with FAS and challenges to the community at large. Approx. 50 min.

Five Essentials of Successful Parenting, Volume 4, Positive Discipline

This video is very appealing and conveys a lot of information for parents in an accessible format. African American couple narrates, multi-ethnic examples of single and married parents with children from toddler to pre-K. Discussion of discipline focuses on understanding age-appropriate behavior (with brief guidelines by age), positive choices, redirecting, modeling. Emphasis on learning about your child through observation. The video discusses how parents can deal with their own frustration responsibly, and models one spouse listening to the other reflect on his own behavior. Suitable to show on a home visit, may spark discussion.

15 minutes

*InJoy Videos, 1435 Yarmouth, Suite 102, Boulder CO 80304, www.injoyvideos.com
800.326.2082*

Fourteen Steps to Better Breastfeeding in Spanish

This video is a complete and concise guide demonstrating the "how-to's" of breastfeeding. In just 16 minutes parents will learn the essential information they need to know to breastfeed successfully. Presented in easy to understand language with helpful graphics and wonderful shots of proper latch on. 16 minutes.

*InJoy Videos, 1435 Yarmouth, Suite 102, Boulder CO 80304, www.injoyvideos.com
800.326.2082*

Home Visiting Video Library: #2 Developing Trust. Ruth Visits Jonnie

Videos of actual non-rehearsed home visits with a diversity of client situations and visitor styles. Very useful.

Poly Health Media, Santa Barbara CA, 805.569.8784 Produced by Alvin Fiering.

Home Visiting Video Library: #3 Goal Planning: Brook Visits Christina and Roy

Videos of actual non-rehearsed home visits with a diversity of client situations and visitor styles. Very useful

Poly Health Media, Santa Barbara CA, 805.569.8784 Produced by Alvin Fiering.

Home Visiting Video Library: #4 Promoting Positive Parent-Child Interactions: Anne Visits Amanda

Videos of actual non-rehearsed home visits with a diversity of client situations and visitor styles. Very useful. Head-injured teen mother lives with her mother and the baby.

Poly Health Media, Santa Barbara CA, 805.569.8784 Produced by Alvin Fiering.

Hospital to Home: A Security Blanket for New Parents.

This video is full of specific information about the first few weeks after delivery, designed for parents. Engaging African-American new mom narrates in a warm, matter-of-fact style. Specific topics are

explained, then recapped with bullet points and warning signs. Mother Care covers Lochia, Afterpains, Perineum Care, Hemorrhoids/Constipation, Cesarean Care all the way to Birth Control and Post Partum Depression. Feeding Baby section is pro-breastfeeding with great animations and real-life nursing examples, but discusses formula feeding as well with the same warm style and shots of Dad feeding baby. Baby Care covers it all from care of the Umbilicus and Circumcision, all the way to Bathing, Diaper Hygiene complete with multi-ethnic rashy bottoms and shots of soiled diapers and what they should look like! Fathers are not the main focus but are present when appropriate. Very informative and reassuring piece.

31 minutes.

*InJoy Videos, 1435 Yarmouth, Suite 102, Boulder CO 80304, www.injoyvideos.com
800.326.2082*

Human Development Series from *Concept Media, 2493 DuBridge Ave., Irvine, CA 92606-5022 714-660-0727, 800-233-7078*

Compliance, Self-Control, and Prosocial Behavior.

The video focuses on specific techniques for caregivers who wish to instill positive behaviors in children. Factors that influence these behaviors, including temperament, attachment, and cognitive changes are covered. Studies shown to help children delay gratification, an important factor in the development of self-control, are illustrated. The video describes inductive and power-assertive discipline, as well as the role of empathy in the development of prosocial behavior. Varying parenting styles are illustrated – permissive, authoritarian, authoritative, and rejecting/neglecting – and the effectiveness of each is discussed. 27 min. *See above, Human Development Series.*

Family Crisis—Families of Young Children with Special Needs

Though geared toward health care professionals, will help home visitors become more aware of the issues that parents face when they learn that their child has special needs. It addresses various parental reactions and the role of professionals in helping families through these potential crises. Three concurrent and overlapping crises are covered in some depth – diagnostic crisis, values crisis, and reality crisis. The video also reviews Kubler-Ross' stages of loss. 27 min. *See above, Human Development Series.*

The First Two-and-a- Half Years: Cognitive Development.

The senses, perception, and memory, covers concept of object-permanence, practical suggestions for optimizing a child's cognitive development. Covers competencies of newborn. 25 min. *See above, Human Development Series.*

The First Two-and-a- Half Years: Emotional/Social Development.

Begins with a brief discussion of Erikson's first two stages of man and traces the developmental processes by which the newborn becomes a social being. Discusses temperament, attachment, and social responses such as smiling, stranger anxiety and separation anxiety. Self-awareness, development of empathy, and the development of standards are discussed at length. 22 min. *See above, Human Development Series.*

The First Two-and-a- Half Years: Language Development.

Covers stages of language acquisition, parent-child communication, turn-taking, practical advice for improving a child's language ability. 25 min. *See above, Human Development Series.*

The First Two-and-a-Half Years: Physical Growth and Motor Development.

Covers environmental factors in prenatal period that affect development and environmental factors after birth also affecting development. Discussed normal patterns of development, sex differences in development, causes and consequences of emotional and environmental deprivation. 19 min. *See above, Human Development Series.*

Peer Relationships.

Discussing the ways in which children influence one another including modeling and reinforcement, this video describes how children's relationships change depending on their age and stage of development. Characteristics of popular, ignored, and rejected children are described. General guidelines for caregivers

are given for helping children get along with others, specifically focusing on children who are shy or overly aggressive. 31 min.

See above, Human Development Series.

Reducing Risk Factors.

Discusses environmental factors in pregnancy that contribute to birth defects and low birth weight, with a focus on those factors that have been shown to be preventable through intervention. Discusses the importance of delaying childbirth until after adolescence, obtaining information about personal risks, seeking early prenatal care and avoiding harmful substances. 34 min.

See above, Human Development Series.

The Vulnerable Young Child: Child Maltreatment, Part I: Neglect and Sexual Abuse.

A sensitive look at the complex factors which contribute to neglect and sexual abuse. Defines neglect and sexual abuse, discusses effects on children. An excellent resource. 30 min.

See above, Human Development Series.

The Vulnerable Young Child: Child Maltreatment, Part II: Psychological and Physical Abuse.

Covers characteristics of children who become victims of psychological or physical abuse and characteristics of adults who may engage in type of maltreatment. Discusses effects on children. Covers indicators of risk and indications of physical abuse. 26 min.

See above, Human Development Series.

The Vulnerable Young Child: The Context of Vulnerability.

A useful and non-blaming look at the complex factors that can interact and lead to the abuse of children. Discusses impact of social networks, poverty, and substance abuse. Very useful for staff training. 30 min.

See above, Human Development Series.

I Am Your Child: The First Years Last Forever.

Helps new parents understand the importance of the first three years of life in the healthy development of their children. The video includes information on: bonding and attachment, communication, health and nutrition, discipline, self esteem, child care, self-awareness. (Developed as part of the "I Am Your Child" public education campaign, by the Reiner Foundation and Johnson & Johnson.)

I Am Your Child, 1010 Wisconsin Avenue, NW, Suite 800, Washington, DC 20007 202-338-4385

I Am Your Child: Preparing for Parenthood.

Hosted by Whoopi Goldberg, includes information on forming healthy habits, prenatal care, how to prepare for the birth, where to get help with your questions. (Developed as part of the "I Am Your Child" public education campaign, by the Reiner Foundation and Johnson & Johnson.)

I Am Your Child, 1010 Wisconsin Avenue, NW, Suite 800, Washington, DC 20007 202-338-4385

Mother-Infant Interaction.

Video presentation of seven different families experiencing the birth of their infants; for some, there is also a first feeding included. The families depicted present a graphic view of the emotions and behaviors surrounding the birthing experience. Not all of the birthing experiences are positive and therefore provide us with an insight into the struggles some families experience as they begin their role as parents. The tape is especially useful in sensitizing staff to the complexity of feelings that encompass this life event. It also underscores the importance of being able to provide comprehensive follow-up services to families experiencing the birth of a baby. Part of a research project that provided insights into the nature of parent-infant interaction and attachment during the birthing process, demonstrating the extent to which this is a time of extreme vulnerability for many families and an excellent time to begin providing meaningful assistance to new parents. [Technical Consideration: Since this videotape was produced prior to more advanced video quality, it appears grainy at times and the sound is occasionally unclear. Subtitling has been used at times to enhance understanding of the content.]

Community Infant Project, Janet Dean, Community Infant Project, 502 Hapgood Street, Boulder, CO 80302, 303-449-9294

Motivational Interviewing: Professional Training Videotape Series. 1998. A. Introduction to Motivational Interviewing.

A "conversational interview" intended for professionals with William Miller and Steve Rollnick reviewing the background, theory, and basic principles of Motivational Interviewing. Informative if you want to learn about MI and perhaps don't want to start with the book. Dry, clear, businesslike.

Motivational Interviewing: : Professional Training Videotape Series. 1998. B. Phase I, Parts 1 and 2: Opening Strategies.

A two-cassette series designed to illustrate skills used in the opening phase of motivational interviewing. Phase I is identifying and strengthening intrinsic motivation.

Motivational Interviewing: : Professional Training Videotape Series. 1998. C. Handling Resistance.

Discussion and demonstration of various strategies for handling resistance. Examples used are in a substance abuse treatment setting, but the skills are applicable in many service delivery setting, including home visiting.

William R. Miller, Stephen Rollnick, Directed by Theresa B. Moyers

Preventing Shaken Baby Syndrome

VHS and DVD, produced for OCFS with Research Foundation of State University of New York.

Promoting Non Abusive Behavior.

Nine vignettes that can be used as "discussion starters." The target audience is apparently teens, but this could be introduced prenatally to any young or expectant parent looking for ways to become a good parent, as well as for staff exploration of their beliefs and values around parenting. The cast includes men as well as women and has a good racial/ethnic mix. Fast paced, TV-like format using short rapid cuts with multiple speakers. 1. Defines child abuse and neglect, identifies parenting as a set of learned behaviors, urges young people to take a close look at their own parenting models to evaluate what kind of parents they will become. 2. A short drama in which an adult son berates his own father for being a rotten parent. We then see him yelling at his own son in just the way his father apparently treated him. 3. Short clips of young people telling stories about types of abuse and neglect they experienced. 4. The home life of a "poor little rich boy" who has no parental support or positive attention; mother is verbally abusive. In the last scene he is in his room alone playing a 3-way game alone. 5. Two sisters, about ages 10 and 5, are home alone from morning until late at night, mother coming home late, drinking and passing out on couch, older sister taking care of younger child and mother. 6. The boss yells at Dad, Dad comes home and yells at his son, quoting the boss word for word. 7. A single teen mother living alone in a small apartment with not money or phone and little food, gets a visit from high school friends who are concerned about dates and proms. After the friends leave we hear her screaming at the baby. 8. Also shows a "poor little rich boy" who gets attention by being "sick." A servant waits him on and his mother is only a voice over an intercom. 9. A wrap-up section, back to short, rapid cuts of the teens urging those who want to become parents to "check out what your parents did," and seek evidence to test the truth of what parents have said.

*Georgia Council on Child Abuse, Georgia Council on Child Abuse, 1401 Peachtree N.E. Ste 140, Atlanta GA 30309
404-870-6565*

Right From the Start.

Focuses on attachment between parent and child, and is most appropriate for use with staff members. There is much information in this video, staff members can still learn from it by watching it again as a follow-up to core training. Parents of various races and ethnic groups are shown. The first section gives background and early research findings about attachment, showing clips from experiments on maternal deprivation in monkeys. Failure to thrive infants in a Latin American orphanage are also shown, making the connection between insufficient care giving, disease, low weight, retarded development, and lack of responsiveness. Following sections examine the effects of modern birth practices and the effects on attachment of medical complications which may cause separation of mother and child at birth, such a pre-term birth and Caesarean sections; includes excellent interviews and footage of parents of premature infants learning to bond with infants they cannot hold or take home. Physicians talk with parents about what to expect and how to overcome loose attachment or lack of bonding. There is also outstanding documentary footage showing the interaction of parents with a failure-to-thrive child. This particular section makes a good teaching tool for practice observation of parental behaviors, especially behaviors that indicate problematic parent-child interaction. Dr. Barry Brazelton also explains and demonstrates to a new mother that her newborn has motor and sensory abilities few people are aware of. This interaction illustrates the positive effect this information may have on parents who previously believed their infant had little ability to see, hear, feel, or distinguish one person from another

*Prime Time School Television, FilmComm 641 North Avenue, Glendale Heights, IL 60139
708-790-3300*

Shaking, Hitting and Spanking: What to Do Instead.

This video has useful, specific information about non-violent discipline and shows Hispanic, African-American, and Caucasian families (also fathers). Could be used on an on-going basis with home visiting staff (even if they have seen it once in core training). It is well-suited for use directly with parents, as it shows carefully done re-enactments of problems with disciplining children and problems parents have controlling temper when children "misbehave." In each segment, the problem scene is followed by showing a different way the parent could handle the situation. Clear behavioral descriptions are used to make the alternate approach easy to understand and easy to remember (or write down). Home visiting staff can be coached by supervisors on how best to use the tape with parents, e.g., stop the tape after the problem scene and ask the parent(s) for ideas about how the video parent could handle the situation. This tape could also be used in parenting groups. Contains many options for consoling a crying baby, identifies high-risk times for parents, shows the technique of re-directing attention for toddlers, explains how parents can often get results by building in transition time for kids when requests are being made (like, "Go to bed"), covers communicating effectively with a child, modeling desired behaviors for children, and the use of humor to avoid confrontations.

*Family Development Resources, Family Development Resources, Park Cit, UT
801-649-5822*

Take 10: Start Talking So Your Kids Don't Smoke. 8 min.

Active parenting Publishers, 800-825-0060.

Ten Things Every Child Needs.

A one-hour documentary explaining how our earliest interactions with children influence brain development. Provides a simple ten-point checklist to enhance a child's development. Essential information for professionals, parents and caregivers. Can be watched and discussed in segments.

Robert R. McCormick Tribune Foundation.

Words to Grow By: 0-3 Years.

Instructional videotape for parents about their child's speech and language development. "Words to Grow By" is designed for use with parents. The purpose is to explore ways to help children learn important language, cognitive, and social skills. The video does this in a way that shows how strategies and activities to help children learn can also be fun for parents.

*Belleville School District, Dept. of Pupil Services, PO Box 230, Belleville, WI 53508
608-424-3371*

Words to Grow By: 3-5 Years.

Instructional videotape for parents about their child's speech and language development, designed for use with parents, to explore ways to help children learn important language, cognitive, and social skills. The video does this in a way that shows how strategies and activities to help children learn can also be fun for parents. Families include mothers and fathers, as well as Caucasian, African-American, and Asian families. A useful resource for home visiting programs, the video is filled with specific information about child development, is respectful of families, is focused on the positive, and presents many creative strategies for parents to help children learn. The video has two sections: the first deals with learning readiness of three and four-year-olds and how to help them learn, the second with learning readiness and helping strategies for the four to five-year-old age group. In each section, well-defined skills are described, and teaching strategies and activities are clearly described and enacted by parents during activities with children. There are also specific suggestions for low-cost or free objects to help children learn.

*Belleville School District, Dept. of Pupil Services, PO Box 230, Belleville, WI 53508
608-424-3371*

Yelling, Threatening and Putting Down: What To Do Instead.

This program presents common-sense techniques for dealing with four challenging parent-child interactions: when children are very active; when children get angry; when children whine; and when siblings fight. The video is divided into four segments. After each segment, viewers are invited to stop the program to think about and discuss alternatives to yelling, threatening, and putting children down. When they resume watching, they will see a variety of positive, practical parenting techniques, presented in a style that is friendly and easy to follow. This program offers parents practical suggestions for the situations show. It is also designed to stimulate a free-flowing discussion in which participants add to and expand upon the suggestions presented. In addition, the program is intended to encourage parents to extend their thinking to other situations beyond those presented here. This program emphasizes prevention:

understanding children, thinking ahead, and establishing clear family rules in advance. It also emphasizes helping children, redirecting children, and following through firmly and calmly.

You and Your Baby. Lamaze Publishing Company, 1994.

The majority of this film is filled with useless commercials, **but** the first segment of the film discusses the advantages of breast-feeding and provides one with the facts necessary to make informed decisions about it. Approx 80 min.

Lamaze Institute for Family Education 372 Danbury Rd. Wilton Ct 06897-2523