

**“RECIPES FOR COMMUNICATION:” WONDERING CURIOSITY
(Describe, Speculate, Listen, Speculate)**

GOOD TASTE: Helpful in working on Positive Parent-Child Interaction. Can help parents to think from baby’s point of view. Fosters empathy for baby.

BAD TASTE: Being the expert on the participant’s baby. Criticizing, correcting, confronting, being negative. Telling the participant what to do.

- 1. Gather information through listening and observation.**
- 2. Describe the behavior or interaction you have observed and are concerned about.**

“I noticed that when the baby kicked her legs and turned her head away, you tickled her some more and then she got fussy.”

- 3. Speculate about what is happening.**

“I wonder what she’s trying to tell you when she kicks and turns her head away.”

- 4. Listen to the parent’s interpretation.**

- 5. Speculate about what you think is going on.**

“I wonder if the baby could be telling you she needs a little time out before more tickling. Or could she be telling you she’s had enough for now?”

- 6. Ask if the parent wants to respond differently next time to see what happens.**

“I wonder what would happen if next time she does that, you wait until she looks at you again before tickling her some more.”