



ARE YOU EXPECTING A BABY?

ARE YOU THE PARENT OF A NEWBORN CHILD?

DO YOU LIVE IN THE 10940 OR 10941 ZIP CODE

*THERE IS A NO COST SERVICE AVAILABLE TO YOU
PROVIDING SUPPORT TO YOU DURING YOUR
PREGNANCY AND AFTER YOUR BABY IS BORN.
WE CAN HELP WITH ...*

- Understanding prenatal development.
- Reducing stress during pregnancy.
- Tuning into your baby during and after pregnancy.
- What does crying mean?
- Making bath time, play time, and feeding time more fun
- Finding the best health care for you and your baby
- Reaching your goals for parenting, employment and education



MIDDLETOWN HEALTHY FAMILIES

845-421-6381 or 845-421-6373

fax number (845) 341-0660

We care about you and your baby.

Our home visitors are trained and knowledgeable about prenatal development, child development, and parenting.



Offered by Family Counseling of Occupations, Inc.

Funded by the NYS Office of Children and Family Services

